# Convergence analysis for a nonlinear system of parabolic variational inequalities 

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#### Abstract

This work aims to provide a comprehensive and unified numerical analysis for a nonlinear system of parabolic variational inequalities (PVIs) subject to Dirichlet boundary condition. This analysis enables us to establish the existence of an exact solution to the considered model and to prove the convergence for the approximate solution and its approximate gradient. Our results are applicable for several conforming and nonconforming numerical schemes. MSC: 35J86; 65N12; 65N15; 76S05 Keywords: Nonlinear parabolic variational inequalities; PDEs; Gradient discretization method; Gradient schemes; Obstacle problem; Convergence analysis; Nonconforming $\mathbb{P} 1$ finite element method


## 1 Introduction

Nonlinear parabolic variational inequalities and PDEs are useful tools to model the coupled biochemical interactions of microbial cells, which are crucial to numerous applications, especially in the medical field and food production [16, 19, 21]. We consider here a nonlinear parabolic system consisting of PDEs and variational inequalities:

$$
\begin{align*}
& \left(\partial_{t} \bar{A}-\operatorname{div}\left(\mathbf{D}_{A} \nabla \bar{A}\right)-F(\bar{A}, \bar{B})\right)(\bar{A}-\chi)=0 \quad \text { in } \Omega \times(0, T),  \tag{1.1a}\\
& \partial_{t} \bar{A}-\operatorname{div}\left(\mathbf{D}_{A} \nabla \bar{A}\right) \leq F(\bar{A}, \bar{B}) \quad \text { in } \Omega \times(0, T),  \tag{1.1b}\\
& \bar{A} \leq \chi \quad \text { in } \Omega \times(0, T),  \tag{1.1c}\\
& \partial_{t} \bar{B}-\operatorname{div}\left(\mathbf{D}_{B} \nabla \bar{B}\right)=G(\bar{A}, \bar{B}) \quad \text { in } \Omega \times(0, T),  \tag{1.1d}\\
& (\bar{A}, \bar{B})=(0,0) \quad \text { on }(\partial \Omega \times(0, T))^{2},  \tag{1.1e}\\
& (\bar{A}(\boldsymbol{x}, 0), \bar{B}(\boldsymbol{x}, 0))=\left(A_{\mathrm{ini}}, B_{\mathrm{ini}}\right) \quad \text { in }(\Omega \times\{0\})^{2} . \tag{1.1f}
\end{align*}
$$

Numerical approximation in parabolic systems of inequalities and generalization of inequalities have received considerable attention in the research literature. Wheeler [23] obtains the error estimate of second order in $L^{\infty}\left(L^{2}\right)$ for a linear approximation with respect to space and time, with a strong regularity on the solutions, such as $\partial_{t} \bar{B} \in L^{2}\left(0, T, L^{2}(\Omega)\right)$.
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Johnson [17] analyzes inequality (1.1a), in which $F=0$ and $\mathbf{D}_{A}$ is constant. The work in [4] considers a model without the barrier and provides $\mathcal{O}(h)$ order of convergence in $L^{\infty}\left(L^{2}\right)$ norm. An $L^{2}$-error estimate is provided in different studies, such as [5], by using a finite difference in time. Vuik [22] deals with parabolic variational inequalities with a nonlinear source term and derives the convergence rate of the finite element method in space with respect to $L^{\infty}$-norm. He also shows that the general finite difference gives $\mathcal{O}(h)$ in $L^{\infty}\left(L^{2}\right)$-norm under a strong hypothesis on data. Saker et al. [20] discuss the discrete and continuous forms of a Carlson-type inequality, and [18] introduces Minkowski's inequality by using AB-fractional integral operators.

However, there is a lack of full convergence analyses of numerical schemes for the model (1.1a)-(1.1f) since the coupled nonlinearity of the system and the constraint (the inequality) in the model comprise the primary theoretical challenge. It appears that considerable research is still required, beginning with convergence analysis and testing other varieties of scheme outside conforming methods. Rather than undertaking individual research for every numerical scheme, this work utilizes a gradient discretization method (GDM) to provide a unified and full convergence analysis of numerical methods for (1.1a)-(1.1f) under natural hypotheses on data. The GDM is a generic framework to unify the numerical analysis for diffusion partial differential equations and their corresponding problems. Due to the variety of choice of the discrete elements in the GDM, a series of conforming and nonconforming numerical schemes can be included in the GDM, see [2, 3, 6, 9-13] for more details.

The outline of this paper is as follows. Section 2 is devoted to writing the model (1.1a)(1.1f) in an equivalent weak sense. Section 3 defines the discrete space and functions followed by the gradient scheme to our model in the weak sense. Section 4 provides the convergence results, Theorem 4.5 , which is proved by following the compactness technique under classical hypothesis on continuous model data. Finally, as an example, we present in Sect. 5 the nonconforming $\mathbb{P} 1$ finite element scheme that has not been applied to the nonlinear model (1.1a)-(1.1f), yet.

## 2 Continuous setting

## Hypothesis 2.1 We assume the following:

(1) $\Omega \subset \mathbb{R}^{d}(d \geq 1)$ is a bounded connected open set, and $T>0$,
(2) $\mathbf{D}_{A}, \mathbf{D}_{B}: \Omega \rightarrow \mathbb{M}_{d}(\mathbb{R})$ are measurable functions (where $\mathbb{M}_{d}(\mathbb{R})$ consists of $d \times d$ matrices) and there exist $d_{1}, d_{2}>0$ such that for a.e. $\boldsymbol{x} \in \Omega, \mathbf{D}_{A}(\boldsymbol{x})$ and $\mathbf{D}_{B}(\boldsymbol{x})$ are symmetric with eigenvalues in $\left[d_{1}, d_{2}\right]$,
(3) the constraint function $\chi$ is in $H^{1}(\Omega) \cap C(\bar{\Omega})$ such that $\chi \geq 0$ on the domain boundary $\partial \Omega$,
(4) $F$ and $G$ are smooth and Lipschitz functions on $\mathbb{R}^{2}$ with Lipschitz constants $M_{1}$ and $M_{2}$, respectively, and $M=\max \left(M_{1}, M_{2}\right)$,
(5) $A_{\text {ini }} \in W^{2, \infty}(\Omega) \cap \mathcal{K}$, where $\mathcal{K}:=\left\{\varphi \in H_{0}^{1}(\Omega): \varphi \leq \chi(t)\right.$ in $\left.\Omega\right\}$ and $B_{\text {ini }} \in W^{2, \infty}(\Omega)$.

With the above Hypothesis 2.1, we consider the time-dependent closed convex set

$$
\mathbb{K}:=\left\{\varphi \in L^{2}\left(0, T ; H_{0}^{1}(\Omega)\right): \varphi(t) \in \mathcal{K} \text { for a.e. } t \in(0, T)\right\} .
$$

It is clear that the time-dependent $\mathbb{K}$ contains at least the constant in time function $t \mapsto$ $\chi^{-}:=\min (0, \chi)$.

Definition 2.2 (Weak formulation) Under Hypothesis 2.1, we say that $(\bar{A}, \bar{B})$ is a weak solution of (1.1a)-(1.1f) if the following properties and relations hold:
(1) $\bar{A} \in \mathbb{K} \cap C^{0}\left([0, T] ; L^{2}(\Omega)\right), \bar{A}(\cdot, 0)=A_{\mathrm{ini}}, \partial_{t} \bar{A} \in L^{2}\left(0, T ; L^{2}(\Omega)\right)$,
(2) $\bar{B} \in C^{0}\left([0, T] ; L^{2}(\Omega)\right), \bar{B}(\cdot, 0)=B_{\text {ini }}, \partial_{t} \bar{B} \in L^{2}\left(0, T ; H^{-1}(\Omega)\right)$,
(3) for all $\varphi \in \mathbb{K}$, and for all $\psi \in L^{2}\left(0, T ; H_{0}^{1}(\Omega)\right)$,

$$
\begin{align*}
& \int_{0}^{T} \int_{\Omega} \partial_{t} \bar{A}(\boldsymbol{x}, t)(A(\boldsymbol{x}, t)-\varphi(\boldsymbol{x}, t)) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
& \quad+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla(\bar{A}-\varphi)(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t  \tag{2.1a}\\
& \quad \leq \int_{0}^{T} \int_{\Omega} F(\bar{A}, \bar{B})(\bar{A}(\boldsymbol{x}, t)-\varphi(\boldsymbol{x}, t)) \mathrm{d} \boldsymbol{x} \mathrm{~d} t, \quad \text { and } \\
& \quad \int_{0}^{T}\left\langle\partial_{t} \bar{B}(\boldsymbol{x}, t), \psi(\boldsymbol{x}, t)\right\rangle_{H^{-1}, H^{1}} \mathrm{~d} t+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{B}(\boldsymbol{x}) \nabla \bar{B}(\boldsymbol{x}, t) \cdot \nabla \psi(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
& \quad=\int_{0}^{T} \int_{\Omega} G(\bar{A}(\boldsymbol{x}, t), \bar{B}(\boldsymbol{x}, t)) \psi(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t, \tag{2.1b}
\end{align*}
$$

where $\langle\cdot, \cdot\rangle_{H^{-1}, H^{1}}$ is the duality product between $H^{-1}(\Omega)$ and $H^{1}(\Omega)$.

## 3 Discrete setting

We begin with defining the discrete space and operators. These discrete elements are slightly different from those defined in [2, 3], in particular, $\chi_{\mathcal{D}}, I_{\mathcal{D}}$, and $J_{\mathcal{D}}$ are introduced to deal with the nonconstant barrier $\chi$ and the initial solutions $A_{\text {ini }}$ and $B_{\text {ini }}$.

Definition 3.1 (GD for time-dependent obstacle problem) Let $\Omega$ be an open domain of $\mathbb{R}^{d}(d \geq 1)$ and $T>0$. A gradient discretization $\mathcal{D}$ is defined by $\mathcal{D}=\left(X_{\mathcal{D}, 0}, \Pi_{\mathcal{D}}, \nabla_{\mathcal{D}}, \chi_{\mathcal{D}}, I_{\mathcal{D}}\right.$, $\left.J_{\mathcal{D}},\left(t^{(n)}\right)_{n=0, \ldots, N}\right)$, where:
(1) The discrete set $X_{\mathcal{D}, 0}$ is a finite-dimensional vector space over $\mathbb{R}$, taking into account the homogenous Dirichlet boundary condition (1.1e).
(2) The linear operator $\Pi_{\mathcal{D}}: X_{\mathcal{D}, 0} \rightarrow L^{2}(\Omega)$ is the reconstruction of the approximate function.
(3) The linear operator $\nabla_{\mathcal{D}}: X_{\mathcal{D}, 0} \rightarrow L^{2}(\Omega)^{d}$ is the reconstruction of the gradient of the function, and must be chosen so that $\left\|\nabla_{\mathcal{D}} \cdot\right\|_{L^{2}(\Omega)^{d}}$ is a norm on $X_{\mathcal{D}, 0}$.
(4) $\chi_{\mathcal{D}} \in L^{2}(\Omega)$ is an approximation of the barrier $\chi$.
(5) $I_{\mathcal{D}}: W^{2, \infty}(\Omega) \cap \mathcal{K} \rightarrow \mathcal{K}_{\mathcal{D}}:=\left\{\varphi \in X_{\mathcal{D}, 0}: \Pi_{\mathcal{D}} \varphi \leq \chi_{\mathcal{D}}\right.$, in $\left.\Omega\right\}$ is a linear and continuous interpolation operator for the initial solution $A_{\text {ini }}$.
(6) $J_{\mathcal{D}}: W^{2, \infty}(\Omega) \rightarrow X_{\mathcal{D}, 0}$ is a linear and continuous interpolation operator for the solution $B_{\text {ini }}$.
(7) $t^{(0)}=0<t^{(1)}<\cdots<t^{(N)}=T$.

Remark 3.2 For a general obstacle $\chi$, most of numerical methods fail to approximate the solution $\bar{A}$ by elements inside the set $\mathcal{K}_{\mathcal{D}}$. For an example, in the $\mathbb{P} 1$ finite element method, we consider only the values of $\bar{A}$ at the vertices of the mesh, which only guarantee that these values satisfy the barrier condition (1.1c) only at these vertices, not necessarily at any point in $\Omega$. We define here the set $\mathcal{K}_{\mathcal{D}}$ based on the approximate barrier $\psi_{\mathcal{D}}$ to be able to construct an interpolant that belongs to $\mathcal{K}_{\mathcal{D}}$. However, there is no need to use an approximate barrier, if the barrier $\chi$ is assumed to be constant.

For any $\varphi=\left(\varphi^{(n)}\right)_{n=0, \ldots, N} \in X_{\mathcal{D}, 0}^{N+1}$, we define space-time functions as follows: the reconstructed function $\Pi_{\mathcal{D}} \varphi: \Omega \times[0, T] \rightarrow \mathbb{R}$ and the reconstructed gradient $\nabla_{\mathcal{D}} \varphi: \Omega \times$ $[0, T] \rightarrow \mathbb{R}^{d}$ are given by:

$$
\begin{aligned}
& \Pi_{\mathcal{D}} \varphi(\cdot, 0)=\Pi_{\mathcal{D}} \varphi^{(0)} \text { and } \forall n=0, \ldots, N-1, \forall t \in\left(t^{(n)}, t^{(n+1)}\right], \forall \boldsymbol{x} \in \Omega \\
& \Pi_{\mathcal{D}} \varphi(\boldsymbol{x}, t)=\Pi_{\mathcal{D}} \varphi^{(n+1)}(\boldsymbol{x}) \text { and } \nabla_{\mathcal{D}} \varphi(\boldsymbol{x}, t)=\nabla_{\mathcal{D}} \varphi^{(n+1)}(\boldsymbol{x})
\end{aligned}
$$

Setting $\delta t^{\left(n+\frac{1}{2}\right)}=t^{(n+1)}-t^{(n)}$, for $n=0, \ldots, N-1$, and $\delta t_{\mathcal{D}}=\max _{n=0, \ldots, N-1} \delta t^{\left(n+\frac{1}{2}\right)}$, the discrete derivative $\delta_{\mathcal{D}} \varphi \in L^{\infty}\left(0, T ; L^{2}(\Omega)\right)$ of $\varphi \in X_{\mathcal{D}, \Gamma_{2}}^{N+1}$ is defined by

$$
\delta_{\mathcal{D}} \varphi(t)=\delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} \varphi:=\frac{\Pi_{\mathcal{D}} \varphi^{(n+1)}-\Pi_{\mathcal{D}} \varphi^{(n)}}{\delta t^{\left(n+\frac{1}{2}\right)}}, \quad \forall n=0, \ldots, N-1 \text { and } t \in\left(t^{(n)}, t^{(n+1)}\right]
$$

In order to construct a good approximate scheme, we require four properties: coercivity, consistency, limit-conformity, and compactness. The first three respectively connect to the Poincaré inequality, the interpolation error, and the Stokes formula. The compactness property enables us to deal with the nonlinearity caused by the reaction terms $F$ and $G$.

Definition 3.3 (Coercivity) If $\mathcal{D}$ is a gradient discretization, set

$$
C_{\mathcal{D}}=\max _{\varphi \in X_{\mathcal{D}, 0 \backslash\{0\}}} \frac{\left\|\Pi_{\mathcal{D}} \varphi\right\|_{L^{2}(\Omega)}}{\left\|\nabla_{\mathcal{D}} \varphi\right\|_{L^{2}(\Omega)^{d}}} .
$$

A sequence $\left(\mathcal{D}_{m}\right)_{m \in \mathbb{N}}$ of gradient discretizations is coercive if $\left(C_{\mathcal{D}_{m}}\right)_{m \in \mathbb{N}}$ remains bounded.
Definition 3.4 (Consistency) If $\mathcal{D}$ is a gradient discretization, let $S_{\mathcal{D}}: \mathcal{K} \rightarrow[0, \infty)$ and $\widetilde{S}_{\mathcal{D}}: H_{0}^{1}(\Omega) \rightarrow[0, \infty)$ be defined by

$$
\begin{align*}
& \forall w \in \mathcal{K}, \quad S_{\mathcal{D}}(w)=\min _{\varphi \in \mathcal{K}_{\mathcal{D}}}\left(\left\|\Pi_{\mathcal{D}} \varphi-w\right\|_{L^{2}(\Omega)}+\left\|\nabla_{\mathcal{D}} \varphi-\nabla w\right\|_{L^{2}(\Omega)}\right),  \tag{3.1}\\
& \forall w \in H_{0}^{1}(\Omega), \quad \widetilde{S}_{\mathcal{D}}(w)=\min _{\psi \in X_{\mathcal{D}, 0}}\left(\left\|\Pi_{\mathcal{D}} \psi-w\right\|_{L^{2}(\Omega)}+\left\|\nabla_{\mathcal{D}} w-\nabla \psi\right\|_{L^{2}(\Omega)^{d}}\right) . \tag{3.2}
\end{align*}
$$

A sequence $\left(\mathcal{D}_{m}\right)_{m \in \mathbb{N}}$ of gradient discretizations is consistent if, as $m \rightarrow \infty$,

- for all $w \in \mathcal{K}, S_{\mathcal{D}_{m}}(w) \rightarrow 0$,
- for all $w \in H_{0}^{1}(\Omega), \widetilde{S}_{\mathcal{D}_{m}}(w) \rightarrow 0$,
- for all $w \in W^{2, \infty}(\Omega) \cap \mathcal{K}, \Pi_{\mathcal{D}_{m}} I_{\mathcal{D}_{m}} w \rightarrow w$ strongly in $L^{2}(\Omega)$,
- for all $w \in W^{2, \infty}(\Omega), \Pi_{\mathcal{D}_{m}} J_{\mathcal{D}_{m}} w \rightarrow w$ strongly in $L^{2}(\Omega)$,
- $\left(\left\|\nabla_{\mathcal{D}_{m}} I_{\mathcal{D}_{m}} A_{\text {ini }}\right\|_{L^{2}(\Omega)^{d}}\right)_{m \in \mathbb{N}}$ is bounded,
- $\delta t_{\mathcal{D}_{m}} \rightarrow 0$.

Definition 3.5 (Limit-conformity) If $\mathcal{D}$ is a gradient discretization, let $W_{\mathcal{D}}: H_{\text {div }}(\Omega):=$ $\left\{\psi \in L^{2}(\Omega)^{d}: \operatorname{div} \psi \in L^{2}(\Omega)\right\} \rightarrow[0,+\infty)$ be defined by

$$
\begin{equation*}
W_{\mathcal{D}}(\boldsymbol{\psi})=\sup _{\varphi \in X_{\mathcal{D}, 0} \backslash\{0\}} \frac{\left|\int_{\Omega}\left(\nabla_{\mathcal{D}} \varphi \cdot \boldsymbol{\psi}+\Pi_{\mathcal{D}} \varphi \operatorname{div}(\boldsymbol{\psi})\right) \mathrm{d} \boldsymbol{x}\right|}{\left\|\nabla_{\mathcal{D}} \varphi\right\|_{L^{2}(\Omega)^{d}}} . \tag{3.3}
\end{equation*}
$$

A sequence $\left(\mathcal{D}_{m}\right)_{m \in \mathbb{N}}$ of gradient discretizations is limit-conforming if for all $\psi \in H_{\text {div }}(\Omega)$, $W_{\mathcal{D}_{m}}(\boldsymbol{\psi}) \rightarrow 0$, as $m \rightarrow \infty$.

Definition 3.6 (Compactness) A sequence of gradient discretizations $\left(\mathcal{D}_{m}\right)_{m \in \mathbb{N}}$ is compact if, for any sequence $\left(\varphi_{m}\right)_{m \in \mathbb{N}} \in X_{\mathcal{D}_{m}, 0}$ such that $\left(\left\|\nabla_{\mathcal{D}_{m}} \varphi_{m}\right\|_{L^{2}(\Omega)}\right)_{m \in \mathbb{N}}$ is bounded, the sequence $\left(\Pi_{\mathcal{D}_{m}} \varphi_{m}\right)_{m \in \mathbb{N}}$ is relatively compact in $L^{2}(\Omega)$.

Definition 3.7 (Gradient scheme problem) Find sequences $A=\left(\left(A^{(n)}\right)_{n=0, \ldots, N}, B=\right.$ $\left.\left(B^{(n)}\right)_{n=0, \ldots, N}\right) \subset \mathcal{K}_{\mathcal{D}} \times X_{\mathcal{D}, 0}$ such that $\left(A^{(0)}, B^{(0)}\right)=\left(I_{\mathcal{D}} A_{\text {ini }}, J_{\mathcal{D}} B_{\text {ini }}\right) \in \mathcal{K}_{\mathcal{D}} \times X_{\mathcal{D}, 0}$, for all $n=0, \ldots, N-1$, for all $\varphi \in \mathcal{K}_{\mathcal{D}}$, and for all $\psi \in X_{\mathcal{D}, 0}$,

$$
\begin{align*}
& \int_{\Omega} \delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} A(\boldsymbol{x}) \Pi_{\mathcal{D}}\left(A^{(n+1)}(\boldsymbol{x})-\varphi(\boldsymbol{x})\right) \mathrm{d} \boldsymbol{x} \\
& \quad+\int_{\Omega} \mathbf{D}_{A}(\boldsymbol{x}) \nabla_{\mathcal{D}} A^{(n+1)}(\boldsymbol{x}) \cdot \nabla_{\mathcal{D}}\left(A^{(n+1)}(\boldsymbol{x})-\varphi(\boldsymbol{x})\right) \mathrm{d} \boldsymbol{x}  \tag{3.4a}\\
& \leq \int_{\Omega} F\left(\Pi_{\mathcal{D}} A^{(n+1)}, \Pi_{\mathcal{D}} B^{(n+1)}\right) \Pi_{\mathcal{D}}\left(A^{(n+1)}(\boldsymbol{x})-\varphi(\boldsymbol{x})\right) \mathrm{d} \boldsymbol{x} \mathrm{~d} t, \quad \text { and } \\
& \quad \int_{\Omega} \delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} B(\boldsymbol{x}) \Pi_{\mathcal{D}} \psi(\boldsymbol{x}) \mathrm{d} \boldsymbol{x}+\int_{\Omega} \mathbf{D}_{B}(\boldsymbol{x}) \nabla_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x}) \cdot \nabla_{\mathcal{D}} \psi(\boldsymbol{x}) \mathrm{d} \boldsymbol{x}  \tag{3.4b}\\
& \quad=\int_{\Omega} G\left(\Pi_{\mathcal{D}} A^{(n+1)}, \Pi_{\mathcal{D}} B^{(n+1)}\right) \Pi_{\mathcal{D}} \psi(\boldsymbol{x}) \mathrm{d} \boldsymbol{x} \mathrm{~d} t
\end{align*}
$$

## 4 Main results

Let the time interval $[0, T]$ be divided into $\ell_{\kappa}$ intervals of length $\kappa$, where $\kappa$ tends to zero as $\ell_{\kappa} \rightarrow \infty$. Let $\mathbf{1}_{I_{i}}$ be the characteristic function of $I_{i}=[i \kappa,(i+1) \kappa), i=0, \ldots, \ell_{\kappa}$. We define a set of piecewise-constant in time functions by

$$
\begin{equation*}
\mathbb{L}_{\kappa}=\left\{w_{\kappa}(\boldsymbol{x}, t)=\sum_{i=1}^{\ell_{\kappa}} \mathbf{1}_{I_{i}}(t) \varphi_{i}(\boldsymbol{x}): \varphi \in C_{0}^{2}(\bar{\Omega}) \text { and } \varphi \leq \chi \text { in } \Omega \text { a.e. }\right\} . \tag{4.1}
\end{equation*}
$$

Lemma 4.1 For $T>0$, let $(\mathcal{D})_{m \in \mathbb{N}}$ be a sequence of gradient discretizations that is consistent. Let $\bar{w}_{\kappa} \in \mathbb{L}_{\kappa}$ be a piecewise constant in time function, where $\mathbb{L}_{\kappa}$ is the set defined by (4.1). Then there exists a sequence $\left(w_{m}\right)_{m \in \mathbb{N}}$ such that $w_{m}=\left(w_{m}^{(n)}\right)_{n=0, \ldots, N_{m}} \in \mathcal{K}_{\mathcal{D}_{m}}^{N_{m}+1}$ for all $m \in \mathbb{N}$, and, as $m \rightarrow \infty$,

$$
\begin{align*}
& \Pi_{\mathcal{D}_{m}} w_{m} \rightarrow \bar{w}_{\kappa} \quad \text { strongly in } L^{2}(\Omega \times(0, T)),  \tag{4.2a}\\
& \nabla_{\mathcal{D}_{m}} w_{m} \rightarrow \nabla \bar{w}_{\kappa} \quad \text { strongly in } L^{2}(\Omega \times(0, T))^{d} . \tag{4.2b}
\end{align*}
$$

Proof Write $\bar{w}_{\kappa}(\boldsymbol{x}, t)=\sum_{i=1}^{\ell_{\kappa}} \mathbf{1}_{I_{i}}(t) \phi_{i}(\boldsymbol{x})$, where $\phi_{i} \in C_{0}^{\infty}(\bar{\Omega}) \cap \mathcal{K}$. Let $s \in(0, T)$ and choose $n:=n(s)$ such that $s \in\left(t^{(n(s))}, t^{(n(s)+1)}\right.$. Let $w_{m} \in X_{\mathcal{D}_{m}, 0}$ be defined by $w_{m}=$ $\sum_{i=1}^{\ell_{\kappa}} \mathbf{1}_{I_{i}}\left(t^{(n(s)+1)}\right) P_{\mathcal{D}_{m}} \phi_{i}$, where

$$
\begin{equation*}
P_{\mathcal{D}_{m}}(\phi)=\underset{\omega \in \mathcal{K}_{\mathcal{D}_{m}}}{\operatorname{argmin}}\left(\left\|\Pi_{\mathcal{D}_{m}} \omega-\phi\right\|_{L^{2}(\Omega)}+\left\|\nabla_{\mathcal{D}_{m}} \omega-\nabla \phi\right\|_{L^{2}(\Omega)^{d}}\right) . \tag{4.3}
\end{equation*}
$$

For $i=1, \ldots, \ell_{\kappa}$, we define $\xi_{m}^{i}:(0, T) \rightarrow \mathbb{R}$ by $\xi_{m}^{i}(s)=\mathbf{1}_{I_{i}}\left(t^{(n(s)+1)}\right)$ for $s \in(0, T)$. Using the relation $a b-c d=(a-c) b+c(b-d)$, we obtain, for all $s \in(0, T)$ and a.e. $\boldsymbol{x} \in \Omega$,

$$
\begin{aligned}
\left(\Pi_{\mathcal{D}_{m}} w_{m}-\bar{w}_{k}\right)(\boldsymbol{x}, s)= & \sum_{i=1}^{\ell_{\kappa}}\left(\xi_{m}^{i}(s)-\mathbf{1}_{I_{i}}(s)\right) \Pi_{\mathcal{D}_{m}} P_{\mathcal{D}_{m}} \phi_{i}(\boldsymbol{x}) \\
& +\sum_{i=1}^{\ell_{\kappa}} \mathbf{1}_{I_{i}}(s)\left(\Pi_{\mathcal{D}_{m}} P_{\mathcal{D}_{m}} \phi_{i}-\phi_{i}\right)(\boldsymbol{x}) .
\end{aligned}
$$

An application of the definition of $S_{\mathcal{D}_{m}}$ yields

$$
\begin{align*}
\left\|\Pi_{\mathcal{D}_{m}} w_{m}-\bar{w}_{\kappa}\right\|_{L^{2}(\Omega \times(0, T))} \leq & \sum_{i=1}^{\ell_{\kappa}}\left\|\xi_{m}^{i}(s)-\mathbf{1}_{I_{i}}(s)\right\|_{L^{2}(0, T)}\left\|\Pi_{\mathcal{D}_{m}} P_{\mathcal{D}_{m}} \phi_{i}\right\|_{L^{2}(\Omega)} \\
& +\sum_{i=1}^{\ell_{\kappa}}\left\|\mathbf{1}_{I_{i}}(s)\right\|_{L^{2}(0, T)}\left\|\Pi_{\mathcal{D}_{m}} P_{\mathcal{D}_{m}} \phi_{i}-\phi_{i}\right\|_{L^{2}(\Omega)}  \tag{4.4}\\
\leq & \sum_{i=1}^{\ell_{\kappa}}\left\|\xi_{m}^{i}(s)-\mathbf{1}_{I_{i}}(s)\right\|_{L^{2}(0, T)}\left(S_{\mathcal{D}_{m}}\left(\phi_{i}\right)+\left\|\phi_{i}\right\|_{L^{2}(\Omega)}\right) \\
& +C_{1} \sum_{i=1}^{\ell_{\kappa}} S_{\mathcal{D}_{m}}\left(\phi_{i}\right)
\end{align*}
$$

where $C_{1}=\sum_{i=1}^{\ell_{\kappa}}\left\|\mathbf{1}_{I_{i}}\right\|_{L^{2}(0, T)}$. Using consistency, one obtains $S_{\mathcal{D}_{m}}\left(\phi_{i}\right) \rightarrow 0$ as $m \rightarrow \infty$, for any $i=0, \ldots, \ell_{\kappa}$, which implies that the second term on the right-hand side vanishes. In the case in which both $s, t^{(n(s)+1)} \in I_{i}$ or both $s, t^{(n(s)+1)} \notin I_{i}$, the quantity $\xi_{m}^{i}(s)-\mathbf{1}_{I_{i}}(s)$ equals zero. In the case in which $s \in I_{i}$ and $t^{(n(s)+1)} \notin I_{i}$ or $s \notin I_{i}$ and $t^{(n(s)+1)} \in I_{i}$, one can deduce, writing $I_{i}=\left[a_{i}, b_{i}\right]$ and because $s$ is chosen such that $\left|s-t^{(n(s)+1)}\right| \leq \delta t_{\mathcal{D}_{m}}$,

$$
\begin{aligned}
\left\|\xi_{m}^{i}(s)-\mathbf{1}_{I_{i}}(s)\right\|_{L^{2}(0, T)}^{p} & \leq \operatorname{measure}\left(\left[a_{i}-\delta t_{\mathcal{D}_{m}}, a_{i}+\delta t_{\mathcal{D}_{m}}\right] \cup\left[b_{i}-\delta t_{\mathcal{D}_{m}}, b_{i}+\delta t_{\mathcal{D}_{m}}\right]\right) \\
& \leq 4 \delta t_{\mathcal{D}_{m}} .
\end{aligned}
$$

This shows that the first term on the right-hand side of (4.4) tends to zero when $m \rightarrow$ $\infty$. Hence, (4.2a) is concluded. The proof of (4.2b) is obtained by the same reasoning, replacing $\bar{w}_{\kappa}$ by $\nabla \bar{w}_{\kappa}$ and $\Pi_{\mathcal{D}_{m}} w_{m}$ by $\nabla_{\mathcal{D}_{m}} w_{m}$.

Lemma 4.2 (Energy estimates) Let Hypothesis 2.1 hold. If $\mathcal{D}$ is a gradient discretization such that $\delta_{\mathcal{D}}<\frac{1}{2 M}, \mathcal{K}_{\mathcal{D}}$ is a nonempty set, and $(A, B) \in \mathcal{K}_{\mathcal{D}} \times X_{\mathcal{D}, 0}$ is a solution of the approximate scheme (3.4a)-(3.4b), then there exists a constant $C_{2} \geq 0$ only depending on $\Omega, d_{1}$, $T, M, C_{0}:=\max (F(\mathbf{0}), G(\mathbf{0})),\left\|\Pi_{\mathcal{D}} I_{\mathcal{D}} A_{\text {ini }}\right\|_{L^{2}(\Omega)},\left\|\nabla_{\mathcal{D}} I_{\mathcal{D}} \nabla A_{\text {ini }}\right\|_{L^{2}(\Omega)}$, and $\left\|\Pi_{\mathcal{D}} J_{\mathcal{D}} B_{\text {ini }}\right\|_{L^{2}(\Omega)}$, such that

$$
\begin{align*}
& \left\|\delta_{\mathcal{D}} A\right\|_{L^{2}(\Omega \times(0, T))}+\left\|\nabla_{\mathcal{D}} A\right\|_{L^{\infty}\left(0, T ; L^{2}(\Omega)^{d}\right)}  \tag{4.5}\\
& \quad+\left\|\Pi_{\mathcal{D}} B\right\|_{L^{\infty}\left(0, T ; L^{2}(\Omega)\right)}+\left\|\nabla_{\mathcal{D}} B\right\|_{L^{2}(\Omega \times(0, T))^{d}} \leq C_{2}
\end{align*}
$$

Proof We start by taking $\varphi:=A^{(n)}$ (it belongs to $\mathcal{K}_{\mathcal{D}}$ ) and the function $\psi:=\delta t^{\left(n+\frac{1}{2}\right)} B^{(n+1)}$ in (3.4a)-(3.4b) to get

$$
\begin{align*}
& \delta t^{\left(n+\frac{1}{2}\right)} \int_{\Omega}\left|\delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} A\right|^{2} \mathrm{~d} \boldsymbol{x}+\int_{\Omega} \mathbf{D}_{A} \nabla_{\mathcal{D}} A^{(n+1)} \cdot \nabla_{\mathcal{D}}\left(A^{(n+1)}-A^{(n)}\right) \mathrm{d} \boldsymbol{x} \\
& \quad \leq \delta t^{\left(n+\frac{1}{2}\right)} \int_{\Omega} F\left(\Pi_{\mathcal{D}} A^{(n+1)}, \Pi_{\mathcal{D}} B^{(n+1)}\right) \delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} A \mathrm{~d} \boldsymbol{x} \tag{4.6}
\end{align*}
$$

and

$$
\begin{align*}
\int_{\Omega}( & \left.\Pi_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x})-\Pi_{\mathcal{D}} B^{(n)}(\boldsymbol{x})\right) \Pi_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x}) \mathrm{d} \boldsymbol{x} \\
& +\int_{t^{(n)}}^{t^{(n+1)}} \int_{\Omega} \mathbf{D}_{B}\left|\nabla_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x})\right|^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t  \tag{4.7}\\
= & \delta t^{\left(n+\frac{1}{2}\right)} \int_{\Omega} G\left(\Pi_{\mathcal{D}} A^{(n+1)}(\boldsymbol{x}), B^{(n+1)}(\boldsymbol{x})\right) \Pi_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x}) \mathrm{d} \boldsymbol{x}
\end{align*}
$$

Applying the fact that $(r-s) \cdot r \geq \frac{1}{2}|r|^{2}-\frac{1}{2}|s|^{2}$ to the second term on the left-hand side of (4.6) and to the first term on the left-hand side of (4.7), it follows that

$$
\begin{aligned}
& \delta t^{\left(n+\frac{1}{2}\right)} \int_{\Omega}\left|\delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} A\right|^{2} \mathrm{~d} x+\frac{d_{1}}{2} \int_{\Omega}\left(\left|\nabla_{\mathcal{D}} A^{(n+1)}\right|^{2}-\left|\nabla_{\mathcal{D}} A^{(n)}\right|^{2}\right) \mathrm{d} \boldsymbol{x} \\
& \quad \leq \delta t^{\left(n+\frac{1}{2}\right)} \int_{\Omega} F\left(\Pi_{\mathcal{D}} A^{(n+1)}, \Pi_{\mathcal{D}} B^{(n+1)}\right) \delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} A \mathrm{~d} \boldsymbol{x}
\end{aligned}
$$

and

$$
\begin{aligned}
& \frac{1}{2} \int_{\Omega}\left[\left|\Pi_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x})\right|^{2}-\left|\Pi_{\mathcal{D}} B^{(n)}(\boldsymbol{x})\right|^{2}\right] \mathrm{d} \boldsymbol{x}+d_{1} \int_{t^{(n)}}^{t^{(n+1)}} \int_{\Omega}\left|\nabla_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x})\right|^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \\
& \quad \leq \delta t^{\left(n+\frac{1}{2}\right)} \int_{\Omega} G\left(\Pi_{\mathcal{D}} U^{(n+1)}(\boldsymbol{x}), B^{(n+1)}(\boldsymbol{x})\right) \Pi_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x}) \mathrm{d} \boldsymbol{x}
\end{aligned}
$$

Summing the above inequalities over $n \in[0, m-1]$, where $m=0, \ldots, N$ gives

$$
\begin{align*}
& \left\|\delta_{\mathcal{D}} A\right\|_{L^{2}\left(\Omega \times\left(0, t^{(m)}\right)\right)}^{2}+\frac{d_{1}}{2}\left(\left\|\nabla_{\mathcal{D}} A^{(m)}\right\|_{L^{2}(\Omega)^{d}}^{2}-\left\|\nabla_{\mathcal{D}} A^{(0)}\right\|_{L^{2}(\Omega)^{d}}^{2}\right) \\
& \quad \leq \sum_{n=0}^{m-1} \delta t^{\left(n+\frac{1}{2}\right)} \int_{\Omega} F\left(\Pi_{\mathcal{D}} A^{(n+1)}, \Pi_{\mathcal{D}} B^{(n+1)}\right) \delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} A \mathrm{~d} \boldsymbol{x}, \tag{4.8}
\end{align*}
$$

and

$$
\begin{align*}
& \frac{1}{2}\left(\left\|\Pi_{\mathcal{D}} B^{(m)}\right\|_{L^{2}(\Omega)}^{2}-\left\|\Pi_{\mathcal{D}} B^{(0)}\right\|_{L^{2}(\Omega)}^{2}\right)+d_{2} \sum_{n=0}^{m-1} \delta t^{\left(n+\frac{1}{2}\right)}\left\|\nabla_{\mathcal{D}} B^{(n)}\right\|_{L^{2}(\Omega)^{d}}^{2} \\
& \quad \leq \sum_{n=0}^{m-1} \delta t^{\left(n+\frac{1}{2}\right)} \int_{\Omega} G\left(\Pi_{\mathcal{D}} A^{(n+1)}(\boldsymbol{x}), B^{(n+1)}(\boldsymbol{x})\right) \Pi_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x}) \mathrm{d} \boldsymbol{x} \tag{4.9}
\end{align*}
$$

This, together with the Cauchy-Schwarz inequality, implies that

$$
\begin{aligned}
& \left\|\delta_{\mathcal{D}} A\right\|_{L^{2}(\Omega \times(0, t(m)))}^{2}+\frac{d_{1}}{2}\left(\left\|\nabla_{\mathcal{D}} A^{(m)}\right\|_{L^{2}(\Omega)^{d}}^{2}-\left\|\nabla_{\mathcal{D}} A^{(0)}\right\|_{L^{2}(\Omega)^{d}}^{2}\right) \\
& \quad \leq \sum_{n=0}^{m} \delta t^{\left(n+\frac{1}{2}\right)}\left\|F\left(\Pi_{\mathcal{D}} A^{(n+1)}, \Pi_{\mathcal{D}} B^{(n+1)}\right)\right\|_{L^{2}(\Omega \times(0, T))}\left\|\delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} A\right\|_{L^{2}(\Omega \times(0, t))}
\end{aligned}
$$

and

$$
\begin{aligned}
& \frac{1}{2}\left(\left\|\Pi_{\mathcal{D}} B^{(m)}\right\|_{L^{2}(\Omega)}^{2}-\left\|\Pi_{\mathcal{D}} B^{(0)}\right\|_{L^{2}(\Omega)}^{2}\right)+d_{2} \sum_{n=0}^{m-1} \delta t^{\left(n+\frac{1}{2}\right)}\left\|\nabla_{\mathcal{D}} B^{(n)}\right\|_{L^{2}(\Omega)^{d}} \\
& \quad \leq \sum_{n=0}^{m} \delta t^{\left(n+\frac{1}{2}\right)}\left\|G\left(\Pi_{\mathcal{D}} A^{(n+1)}, \Pi B^{(n+1)}\right)\right\|_{L^{2}(\Omega \times(0, T))}\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega \times(0, T))}
\end{aligned}
$$

Using the Lipschitz condition, we arrive at

$$
\begin{aligned}
& \left\|\delta_{\mathcal{D}} A\right\|_{L^{2}\left(\Omega \times\left(0, t^{(m))}\right)\right.}^{2}+\frac{d_{1}}{2}\left(\left\|\nabla_{\mathcal{D}} A^{(m)}\right\|_{L^{2}(\Omega)^{d}}^{2}-\left\|\nabla_{\mathcal{D}} A^{(0)}\right\|_{L^{2}(\Omega)^{d}}^{2}\right) \\
& \quad \leq \sum_{n=0}^{m} \delta t^{\left(n+\frac{1}{2}\right)}\left\|\delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} A\right\|_{L^{2}(\Omega \times(0, t))} \\
& \quad \times\left(M\left\|\Pi_{\mathcal{D}} A^{(n+1)}\right\|_{L^{2}(\Omega)}+M\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega)}+C_{0}\right)
\end{aligned}
$$

and

$$
\begin{aligned}
& \frac{1}{2}\left(\left\|\Pi_{\mathcal{D}} B^{(n)}\right\|_{L^{2}(\Omega)}^{2}-\left\|\Pi_{\mathcal{D}} B^{(0)}\right\|_{L^{2}(\Omega)}^{2}\right)+d_{2} \sum_{n=0}^{m-1} \delta t^{\left(n+\frac{1}{2}\right)}\left\|\nabla_{\mathcal{D}} B^{(n)}\right\|_{L^{2}(\Omega)^{d}} \\
& \quad \leq \sum_{n=0}^{m} \delta t^{\left(n+\frac{1}{2}\right)}\left(M\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega)}^{2}\right. \\
& \left.\quad+M\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega)}\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega)}+C_{0}\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega)}\right)
\end{aligned}
$$

This, together with Young's inequality, gives, whenever $1-\sum_{i=1}^{3} \varepsilon_{i}>0$,

$$
\begin{align*}
& \left\|\delta_{\mathcal{D}} A\right\|_{L^{2}\left(\Omega \times\left(0, t^{(m))}\right)\right.}^{2}+\frac{d_{1}}{2}\left(\left\|\nabla_{\mathcal{D}} A^{(m)}\right\|_{L^{2}(\Omega)^{d}}^{2}-\left\|\nabla_{\mathcal{D}} A^{(0)}\right\|_{L^{2}(\Omega)^{d}}^{2}\right) \\
& \quad \leq \sum_{i=1}^{3} \frac{\varepsilon_{i}}{2}\left\|\delta_{\mathcal{D}} A^{\left(n+\frac{1}{2}\right)}\right\|_{L^{2}(\Omega \times(0, t))}^{2}  \tag{4.10}\\
& \quad+\sum_{n=0}^{m} \delta t^{\left(n+\frac{1}{2}\right)}\left(\frac{M}{2 \varepsilon_{1}}\left\|\Pi_{\mathcal{D}} A^{(n+1)}\right\|_{L^{2}(\Omega)}^{2}+\frac{M}{2 \varepsilon_{2}}\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega)}^{2}+\frac{1}{2 \varepsilon_{3}} C_{0}\right)
\end{align*}
$$

and

$$
\frac{1}{2}\left(\left\|\Pi_{\mathcal{D}} B^{(m)}\right\|_{L^{2}(\Omega)^{d}}^{2}-\left\|\Pi_{\mathcal{D}} B^{(0)}\right\|_{L^{2}(\Omega)^{d}}^{2}\right)+d_{2} \sum_{n=0}^{m-1} \delta t^{\left(n+\frac{1}{2}\right)}\left\|\nabla_{\mathcal{D}} B^{(n)}\right\|_{L^{2}(\Omega)^{d}}^{2}
$$

$$
\begin{align*}
\leq & \sum_{n=0}^{m} \delta t^{\left(n+\frac{1}{2}\right)}\left(M\left(1+\frac{1}{2 \varepsilon_{4}}\right)\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega)}^{2}\right.  \tag{4.11}\\
& \left.+\frac{\varepsilon_{4}}{2}\left\|\Pi_{\mathcal{D}} A^{(n+1)}\right\|_{L^{2}(\Omega)}^{2}+\frac{\varepsilon_{5}}{2} C_{0}^{2}\right) .
\end{align*}
$$

Thanks to Gronwall inequality [15, Lemma 5.1], inequality (4.11) can be rewritten as

$$
\begin{aligned}
& \frac{1}{2}\left\|\Pi_{\mathcal{D}} B^{(m)}\right\|_{L^{2}(\Omega)^{d}}^{2}+d_{2} \sum_{n=0}^{m-1} \delta t^{\left(n+\frac{1}{2}\right)}\left\|\nabla_{\mathcal{D}} B^{(n)}\right\|_{L^{2}(\Omega)^{d}}^{2} \\
& \quad \leq \mathbf{e}^{C_{3}}\left(\frac{T \varepsilon_{5}}{2} C_{0}^{2}+\frac{\varepsilon_{4}}{2} \sum_{n=0}^{m-1} \delta t^{\left(n+\frac{1}{2}\right)}\left\|\Pi_{\mathcal{D}} A^{(n+1)}\right\|_{L^{2}(\Omega \times(0, T))}^{2}+\frac{1}{2}\left\|\Pi_{\mathcal{D}} B^{(0)}\right\|_{L^{2}(\Omega)}^{2}\right)
\end{aligned}
$$

where $C_{3}$ depends on $T, M$, and $\varepsilon_{4}$. Combining this inequality with (4.10) yields

$$
\begin{aligned}
(2- & \left.\sum_{i=1}^{3} \frac{\varepsilon_{i}}{2}\right)\left\|\delta_{\mathcal{D}} A\right\|_{L^{2}\left(\Omega \times\left(0, t^{(m)}\right)\right)}^{2}+\left(\frac{d_{1}}{2}+\frac{M}{2 \varepsilon_{1}}-\frac{\varepsilon_{4}}{2} \mathbf{e}^{C_{3}}\right)\left\|\nabla_{\mathcal{D}} A^{(m)}\right\|_{L^{2}(\Omega)^{d}}^{2} \\
& +\frac{1}{2}\left\|\Pi_{\mathcal{D}} B^{(m)}(\boldsymbol{x})\right\|_{L^{2}(\Omega)}^{2}+\left(d_{2}-\frac{M}{2 \varepsilon_{2}}\left\|\nabla_{\mathcal{D}} B(\boldsymbol{x}, t)\right\|_{L^{2}\left(\Omega \times\left(0, t^{(m)}\right)\right)^{d}}^{2}\right. \\
\leq & \left(\frac{T}{2 \varepsilon_{3}}+\frac{T \varepsilon_{5}}{2} \mathbf{e}^{C_{3}}\right) C_{0}^{2}+\frac{d_{1}}{2}\left\|\nabla_{\mathcal{D}} A^{(0)}\right\|_{L^{2}(\Omega)^{d}}^{2}+\frac{\mathbf{e}^{C_{3}}}{2}\left\|\Pi_{\mathcal{D}} B^{(0)}\right\|_{L^{2}(\Omega)^{2}}^{2}
\end{aligned}
$$

Taking the supremum over $m \in[0, N]$ and using the real inequality $\sup _{n}\left(r_{n}+s_{n}\right) \leq$ $\sup _{n}\left(r_{n}\right)+\sup _{n}\left(s_{n}\right)$, we obtain the desired estimates.

In the following definition, we introduce a dual norm [8], which is defined on the space $\Pi_{\mathcal{D}}\left(X_{\mathcal{D}, 0}\right) \subset L^{2}(\Omega)$, to ensure the required compactness results.

Definition 4.3 If $\mathcal{D}$ is a gradient discretization, then the dual norm $\|\cdot\|_{\star, \mathcal{D}}$ on $\Pi_{\mathcal{D}}\left(X_{\mathcal{D}, 0}\right)$ is given by

$$
\begin{align*}
& \forall U \in \Pi_{\mathcal{D}}\left(X_{\mathcal{D}, 0}\right), \\
& \qquad\|U\|_{\star, \mathcal{D}}=\sup \left\{\int_{\Omega} U(\boldsymbol{x}) \Pi_{\mathcal{D}} \psi(\boldsymbol{x}) \mathrm{d} \boldsymbol{x}: \psi \in X_{\mathcal{D}, 0},\left\|\nabla_{\mathcal{D}} \psi\right\|_{L^{2}(\Omega)^{d}}=1\right\} . \tag{4.12}
\end{align*}
$$

Lemma 4.4 Under Hypothesis 2.1, let $\mathcal{D}$ be a gradient discretization, which is coercive. If $B \in X_{\mathcal{D}, 0}$ satisfies (3.4b), then there exists a constant $C_{4}$ depending only on $C_{1}, M, \Omega, T$, and $\left\|\Pi_{\mathcal{D}} B^{(0)}\right\|_{L^{2}(\Omega)}$, such that

$$
\begin{equation*}
\int_{0}^{T}\left\|\delta_{\mathcal{D}} B(t)\right\|_{\star, \mathcal{D}}^{2} \mathrm{~d} t \leq C_{4} . \tag{4.13}
\end{equation*}
$$

Proof Putting $\psi=\phi$ in (3.4b), together with the Cauchy-Schwarz inequality and the coercivity property, implies

$$
\begin{aligned}
& \int_{\Omega} \delta_{\mathcal{D}}^{\left(n+\frac{1}{2}\right)} B(\boldsymbol{x}) \Pi_{\mathcal{D}} \phi(\boldsymbol{x}) \mathrm{d} \boldsymbol{x} \\
& \leq d_{2}\left\|\nabla_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega \times(0, T))^{d}}\left\|\nabla_{\mathcal{D}} \phi\right\|_{L^{2}(\Omega \times(0, T))^{d}} \\
&+\left(M\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega \times(0, T))}+M\left\|\Pi_{\mathcal{D}} A^{(n+1)}\right\|_{L^{2}(\Omega \times(0, T))}+C_{0}\right)\left\|\Pi_{\mathcal{D}} \phi\right\|_{L^{2}(\Omega)} \\
& \leq\left\|\nabla_{\mathcal{D}} \phi\right\|_{L^{2}(\Omega)^{d}}\left[d_{2}\left\|\nabla_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega \times(0, T))^{d}}\right. \\
&\left.\quad+C_{\mathcal{D}}\left(M\left\|\Pi_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega \times(0, T))}+M\left\|\Pi_{\mathcal{D}} A^{(n+1)}\right\|_{L^{2}(\Omega \times(0, T))}+C_{0}\right)\right]
\end{aligned}
$$

Taking the supremum over $\phi \in X_{\mathcal{D}, 0}$ with $\left\|\nabla_{\mathcal{D}} \phi\right\|_{L^{2}(\Omega)^{d}}=1$, multiplying by $\delta t^{(n+1)}$, summing over $n \in[0, N-1]$, and using (4.5) yield the desired estimate.

Theorem 4.5 Under Hypothesis (2.1), let $\left(\mathcal{D}_{m}\right)_{m \in \mathbb{N}}$ be a sequence of gradient discretizations, that is coercive, limit-conforming, consistent, compact, and such that $\mathcal{K}_{\mathcal{D}_{m}}$ is a nonempty set for any $m \in \mathbb{N}$. For $m \in \mathbb{N}$, let $\left(A_{m}, B_{m}\right) \in \mathcal{K}_{\mathcal{D}_{m}}^{N_{m}+1} \times X_{\mathcal{D}_{m}, 0}^{N_{m}+1}$ be solutions to the scheme (3.4a)-(3.4b) with $\mathcal{D}=\mathcal{D}_{m}$. Then there exists a solution $(\bar{A}, \bar{B})$ for the discrete problem (2.1a)-(2.1b), and a subsequence of gradient discretizations, indexed by $\left(\mathcal{D}_{m}\right)_{m \in \mathbb{N}}$, such that, as $m \rightarrow \infty$,
(1) $\Pi_{\mathcal{D}_{m}} A_{m} \rightarrow A$ and $\Pi_{\mathcal{D}_{m}} B_{m} \rightarrow B$ strongly in $L^{\infty}\left(0, T ; L^{2}(\Omega)\right)$,
(2) $\nabla_{\mathcal{D}_{m}} A_{m} \rightarrow \nabla A$ and $\nabla_{\mathcal{D}_{m}} B_{m} \rightarrow \nabla B$ strongly in $L^{2}(\Omega \times(0, T))^{d}$,
(3) $\delta_{\mathcal{D}_{m}} A_{m}$ converges weakly to $\partial_{t} \bar{A}$ in $L^{2}(\Omega \times(0, T))$.

Proof The proof is divided into four stages and its idea is inspired by [1].
Step 1: Existence of approximate solutions. At $(n+1)$, we see that (3.4a) and (3.4b) respectively express a system of nonlinear elliptic variational inequality on $A^{(n+1)}$ and nonlinear equations on $B^{(n+1)}$. For $w=\left(w_{1}, w_{2}\right) \in \mathcal{K}_{\mathcal{D}} \times X_{\mathcal{D}, 0}$, we see that $(A, B) \in \mathcal{K}_{\mathcal{D}} \times X_{\mathcal{D}, 0}$ satisfies

$$
\begin{align*}
& a\left(A^{(n+1)}, A^{(n+1)}-\varphi\right) \leq L\left(A^{(n+1)}-\varphi\right), \quad \forall \varphi \in \mathcal{K}_{\mathcal{D}}, \text { and }  \tag{4.14a}\\
& \int_{\Omega} \Pi_{\mathcal{D}} \frac{B^{(n+1)}-B^{(n)}}{\delta t^{\left(n+\frac{1}{2}\right)}}(x) \Pi_{\mathcal{D}} \psi(\boldsymbol{x})+\int_{\Omega} \mathbf{D}_{B} \nabla_{\mathcal{D}} B^{(n+1)}(\boldsymbol{x}) \cdot \nabla_{\mathcal{D}} \psi(\boldsymbol{x}) \mathrm{d} \boldsymbol{x}  \tag{4.14b}\\
& \quad=\int_{\Omega} G\left(\Pi_{\mathcal{D}} w_{1}, \Pi_{\mathcal{D}} w_{2}\right) \Pi_{\mathcal{D}} \psi(\boldsymbol{x}) \mathrm{d} \boldsymbol{x}, \quad \forall \psi \in X_{\mathcal{D}, 0}
\end{align*}
$$

where $\alpha:=\frac{1}{\delta t^{\left(n+\frac{1}{2}\right)}}$ and the bilinear and linear forms are defined by

$$
\begin{aligned}
& a(\phi, z)=\alpha \int_{\Omega} \Pi_{\mathcal{D}} \phi \Pi_{\mathcal{D}} z \mathrm{~d} x+\mathbf{D}_{A} \int_{\Omega} \nabla_{\mathcal{D}} \phi \cdot \nabla_{\mathcal{D}} z \mathrm{~d} x, \quad \forall \phi, z \in \mathcal{K}_{\mathcal{D}} \quad \text { and } \\
& L(z)=\int_{\Omega} F\left(\Pi_{\mathcal{D}} w_{1}, \Pi_{\mathcal{D}} w_{2}\right) \Pi_{\mathcal{D}} z \mathrm{~d} x+\alpha \int_{\Omega} \Pi_{\mathcal{D}} A^{(n)} \Pi_{\mathcal{D}} z \mathrm{~d} x, \quad \forall z \in \mathcal{K}_{\mathcal{D}}
\end{aligned}
$$

Stampacchia's theorem implies that there exists $\bar{A} \in \mathcal{K}_{\mathcal{D}}$ satisfying inequality (4.14a). The second equation (4.14b) describes a linear square system. Taking $\varphi=B^{(n+1)}$ in
(4.14b), using the similar reasoning as in the proof of Lemma 4.2, and setting $G=\mathbf{0}$ yield $\left\|\nabla_{\mathcal{D}} B^{(n+1)}\right\|_{L^{2}(\Omega)^{d}}=0$. This shows that the matrix corresponding to the linear system is invertible. Consider the continuous mapping $\mathbb{T}: \mathcal{K}_{\mathcal{D}} \times X_{\mathcal{D}, 0} \rightarrow \mathcal{K}_{\mathcal{D}} \times X_{\mathcal{D}, 0}$, where $\mathbb{T}(w)=(A, B)$ with $(A, B)$ being the solution to (4.14a)-(4.14b). The existence of a solution $\left(A^{(n+1)}, B^{(n+1)}\right)$ to the nonlinear system is a consequence of Brouwer's fixed point theorem.
Step 2: Strong convergence of $\Pi_{\mathcal{D}_{m}} A_{m}$ and $\Pi_{\mathcal{D}_{m}} B_{m}$ in $L^{\infty}\left(0, T ; L^{2}(\Omega)\right)$ and the weak convergence of $\delta_{\mathcal{D}_{m}} A_{m}$ in $L^{2}(\Omega \times(0, T))$. Applying estimate (4.5) to the sequence of solutions $\left(\left(A_{m}\right)_{m \in \mathbb{N}},\left(B_{m}\right)_{m \in \mathbb{N}}\right)$ of the scheme (3.4a)-(3.4b) shows that both $\left\|\nabla_{\mathcal{D}_{m}} A_{m}\right\|_{L^{2}(\Omega \times(0, T))^{d}}$ and $\left\|\nabla_{\mathcal{D}_{m}} B_{m}\right\|_{L^{2}(\Omega \times(0, T))^{d}}$ are bounded. Using [8, Lemma 4.8], there exists a sequence, still denoted by $\left(\mathcal{D}_{m}^{T}\right)_{m \in \mathbb{N}}$, and $\bar{A}, \bar{B} \in L^{2}\left(0, T ; H_{0}^{1}(\Omega)\right)$ such that, as $m \rightarrow \infty, \Pi_{\mathcal{D}_{m}} A_{m}$ converges weakly to $\bar{A}$ in $L^{2}(\Omega \times(0, T)), \nabla_{\mathcal{D}_{m}} A_{m}$ converges weakly to $\nabla \bar{A}$ in $L^{2}(\Omega \times(0, T))^{d}$, $\Pi_{\mathcal{D}_{m}} B_{m}$ converges weakly to $\bar{B}$ in $L^{2}(\Omega \times(0, T))$, and $\nabla_{\mathcal{D}_{m}} B_{m}$ converges weakly to $\nabla \bar{B}$ in $L^{2}(\Omega \times(0, T))^{d}$. Since $A_{m} \in \mathcal{K}_{\mathcal{D}_{m}}$, passing to the limit in $\Pi_{\mathcal{D}_{m}} A_{m} \leq \chi$ in $\Omega$ shows that $\bar{A} \leq \chi$ in $\Omega$. Thanks to [8, Theorem 4.31], estimate (4.5) shows that $\bar{A} \in C\left([0, T] ; L^{2}(\Omega)\right)$, $\Pi_{\mathcal{D}_{m}} A_{m}$ converges strongly to $\bar{A}$ in $L^{\infty}\left(0, T ; L^{2}(\Omega)\right)$, and $\delta_{\mathcal{D}_{m}} A_{m}$ converges weakly to $\partial_{t} \bar{A}$ in $L^{2}\left(0, T ; L^{2}(\Omega)\right)$.
Let us show the strong convergence of $\Pi_{\mathcal{D}_{m}} B_{m}$ to $\bar{B}$ in $L^{\infty}\left(0, T ; L^{2}(\Omega)\right)$. Indeed, $\Pi_{\mathcal{D}_{m}} B_{m}$ converges strongly to $\bar{B}$ in $L^{2}(\Omega \times(0, T))$, thanks to estimate (4.13), consistency, limitconformity, and compactness, as well as [8, Theorem 4.14]. We can apply the dominated convergence theorem to show that $G\left(\Pi_{\mathcal{D}_{m}} A_{m}, \Pi_{\mathcal{D}_{m}} B_{m}\right) \rightarrow G(\bar{A}, \bar{B})$ in $L^{2}(\Omega \times(0, T))$, thanks to the assumptions on $G$ given in Hypothesis 2.1.

Let $t_{0} \in[0, T]$ and define the sequence $t_{m} \in[0, T]$ such that $t_{m} \rightarrow t_{0}$, as $m \rightarrow \infty$. Consider $k(m) \in\left[0, N_{m}-1\right]$ such that $k_{m} \in\left(t^{(s(m))}, t^{(s(m)+1)}\right]$. Following the technique used in Lemma 4.2, one can obtain

$$
\begin{align*}
& \frac{1}{2} \int_{\Omega}\left(\Pi_{\mathcal{D}_{m}} B\left(\boldsymbol{x}, t_{m}\right)\right)^{2} \mathrm{~d} \boldsymbol{x} \\
& \quad \leq \frac{1}{2} \int_{\Omega}\left(\Pi_{\mathcal{D}_{m}} J_{\mathcal{D}_{m}} B_{\mathrm{ini}}(\boldsymbol{x})\right)^{2} \mathrm{~d} x-\int_{0}^{t^{(s(m))}} \int_{\Omega} \mathbf{D}_{B}\left(\nabla_{\mathcal{D}_{m}} B(\boldsymbol{x}, t)\right)^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t  \tag{4.15}\\
& \quad \leq \int_{0}^{t^{(s(m))}} \int_{\Omega} G\left(\Pi_{\mathcal{D}_{m}} A(\boldsymbol{x}, t), \Pi_{\mathcal{D}_{m}} B(\boldsymbol{x}, t)\right) \Pi_{\mathcal{D}_{m}} B(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t .
\end{align*}
$$

Using the characteristic function, it is obvious that, as $m \rightarrow \infty$,

$$
\begin{aligned}
& \Pi_{\mathcal{D}_{m}} B_{m} \rightarrow \bar{B} \quad \text { strongly in } L^{2}(\Omega \times(0, T)) \quad \text { and } \\
& \mathbf{1}_{\left[0, t^{(s(m))}\right]} \nabla \bar{B} \rightarrow \mathbf{1}_{\left[0, t_{0}\right]} \nabla \bar{B} \quad \text { strongly in } L^{2}(\Omega \times(0, T))^{d} .
\end{aligned}
$$

These convergence results imply that

$$
\begin{aligned}
& \int_{0}^{t_{0}} \int_{\Omega} \mathbf{D}_{B}(\nabla \bar{B}(\boldsymbol{x}, t))^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \\
& \quad=\int_{0}^{t^{(s(m))}} \int_{\Omega} \mathbf{1}_{[0, s]} \mathbf{D}_{B}(\nabla \bar{B}(\boldsymbol{x}, t))^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \\
& \quad=\lim _{m \rightarrow \infty} \int_{0}^{T} \int_{\Omega} \mathbf{1}_{\left[0, t^{s(s m))}\right]} \mathbf{D}_{B} \nabla \bar{B}(\boldsymbol{x}, t) \cdot \nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t
\end{aligned}
$$

$$
\begin{aligned}
& \leq \liminf _{m \rightarrow \infty}\left(\left\|\mathbf{1}_{\left[0, t^{(s(m))]}\right.} \nabla \bar{B}\right\|_{L^{2}(\Omega \times(0, T))^{d}} \cdot\left\|\mathbf{1}_{\left[0, t^{(s(m))]}\right]} \mathbf{D}_{B} \nabla_{\mathcal{D}_{m}} B_{m}\right\|_{L^{2}(\Omega \times(0, T))^{d}}\right) \\
& =\left\|\mathbf{1}_{\left[0, t_{0}\right]} \nabla \bar{B}\right\|_{L^{2}(\Omega \times(0, T))^{d}} \cdot \liminf _{m \rightarrow \infty}\left\|\mathbf{1}_{\left[0, t^{(s(m))]}\right]} \mathbf{D}_{B} \nabla_{\mathcal{D}_{m}} B_{m}\right\|_{L^{2}(\Omega \times(0, T))^{d}} .
\end{aligned}
$$

Dividing this inequality by $\left\|\mathbf{1}_{\left[0, t_{0}\right]} \nabla \bar{B}\right\|_{L^{2}(\Omega \times(0, T))^{d}}$ gives

$$
\begin{equation*}
\int_{0}^{t_{0}} \int_{\Omega} \mathbf{D}_{B}(\nabla \bar{B}(\boldsymbol{x}, t))^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \leq \liminf _{m \rightarrow \infty} \int_{0}^{t^{(s(m))}} \int_{\Omega} \mathbf{D}_{B}\left(\nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t)\right)^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t . \tag{4.16}
\end{equation*}
$$

Passing to the limit superior in (4.15), we arrive at

$$
\begin{align*}
& \limsup _{m \rightarrow \infty} \frac{1}{2} \int_{\Omega}\left(\Pi_{\mathcal{D}_{m}} B_{m}\left(\boldsymbol{x}, t_{m}\right)\right)^{2} \mathrm{~d} \boldsymbol{x} \\
& \leq \frac{1}{2} \int_{\Omega} B_{\mathrm{ini}}(\boldsymbol{x})^{2} \mathrm{~d} \boldsymbol{x}-\int_{0}^{t_{0}} \int_{\Omega} \mathbf{D}_{B}(\nabla \bar{B}(\boldsymbol{x}, t))^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t  \tag{4.17}\\
& \quad+\int_{0}^{t_{0}} \int_{\Omega} G(\bar{A}(\boldsymbol{x}, t), \bar{B}(\boldsymbol{x}, t)) \bar{B}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t
\end{align*}
$$

Letting $\psi=\bar{B} \mathbf{1}_{\left[0, t_{0}\right]}(t)$ in (3.4b) and integrating by parts, we obtain

$$
\begin{align*}
& \frac{1}{2} \int_{\Omega}\left(\bar{B}\left(\boldsymbol{x}, t_{0}\right)\right)^{2} \mathrm{~d} \boldsymbol{x}+\int_{0}^{t_{0}} \int_{\Omega} \mathbf{D}_{B}(\nabla \bar{B}(\boldsymbol{x}, t))^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \\
& \quad=\frac{1}{2} \int_{\Omega} B_{\mathrm{ini}}(\boldsymbol{x})^{2} \mathrm{~d} \boldsymbol{x}+\int_{0}^{t_{0}} \int_{\Omega} G(\bar{A}(\boldsymbol{x}, t), \bar{B}(\boldsymbol{x}, t)) \bar{B}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t . \tag{4.18}
\end{align*}
$$

From (4.17) and (4.18), we obtain

$$
\begin{equation*}
\limsup _{m \rightarrow \infty} \int_{\Omega}\left(\Pi_{\mathcal{D}_{m}} B_{m}\left(\boldsymbol{x}, t_{m}\right)\right)^{2} \mathrm{~d} \boldsymbol{x} \leq \int_{\Omega} \bar{B}\left(\boldsymbol{x}, t_{0}\right)^{2} \mathrm{~d} \boldsymbol{x} \tag{4.19}
\end{equation*}
$$

Estimates (4.5) and (4.13), together with [8, Theorem 4.19], imply the weak convergence of $\left(\Pi_{\mathcal{D}_{m}} B_{m}\right)_{m \in \mathbb{N}}$ to $\bar{B}$ in $L^{2}(\Omega)$; it is indeed uniform in $[0, T]$. This yields the weak convergence of $\Pi_{\mathcal{D}_{m}} B_{m}\left(\cdot, s_{m}\right)$ to $\bar{B}\left(\cdot, t_{0}\right)$ in $L^{2}(\Omega)$. As a consequence of estimate (4.19), this convergence of $\Pi_{\mathcal{D}_{m}} B_{m}\left(\cdot, s_{m}\right)$ holds in the strong sense in $L^{2}(\Omega)$. With the continuity of $\bar{B}:[0, T] \rightarrow$ $L^{2}(\Omega)$, we can apply [8, Lemma C.13] to conclude the strong convergence of $\Pi_{\mathcal{D}_{m}} B_{m}$ in $L^{\infty}\left(0, T ; L^{2}(\Omega)\right)$.

Step 3: Convergence towards the solution of the continuous model. Recall that $A_{m}^{(0)}=$ $I_{\mathcal{D}_{m}} \bar{A}_{\text {ini }}$, therefore the consistency shows that $\Pi_{\mathcal{D}_{m}} A_{m}^{(0)}$ converges strongly to $A_{\text {ini }}$ in $L^{2}(\Omega)$, as $m \rightarrow \infty$. Hence, $\bar{A} \in C\left([0, T] ; L^{2}(\Omega)\right) \cap \mathbb{K}$ and $\bar{A}$ satisfies all the conditions except for the integral inequality imposed on the exact solution of problem (2.1a). Let us now show that this integral relation holds. With Hypothesis 2.1, the dominated convergence theorem leads to $F\left(\Pi_{\mathcal{D}_{m}} A_{m}, \Pi_{\mathcal{D}_{m}} B_{m}\right) \rightarrow F(\bar{A}, \bar{B})$ in $L^{2}(\Omega \times(0, T))$. The $L^{2}$-weak convergence of $\nabla_{\mathcal{D}_{m}} A_{m}$ yields

$$
\begin{equation*}
\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla \bar{A} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \leq \liminf _{m \rightarrow \infty} \int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla_{\mathcal{D}_{m}} A_{m} \cdot \nabla_{\mathcal{D}_{m}} A_{m} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \tag{4.20}
\end{equation*}
$$

Fix $\kappa>0$ and let $\bar{w}_{\kappa} \in \mathbb{L}_{\kappa}$, where $\mathbb{L}_{\kappa}$ is defined by (4.1). Thanks to Lemma 4.1, there exists a sequence $\left(w_{m}\right)_{m \in \mathbb{N}}$ such that $w_{m} \in \mathcal{K}_{\mathcal{D}_{m}}^{N_{m}+1}$, and $\Pi_{\mathcal{D}_{m}} w_{m} \rightarrow \bar{w}_{\kappa}$ strongly in $L^{2}(\Omega \times(0, T))$
and $\nabla_{\mathcal{D}_{m}} w_{m} \rightarrow \nabla \bar{w}_{\kappa}$ strongly in $L^{2}(\Omega \times(0, T))^{d}$. Setting $\varphi:=w_{m}$ as a generic function in (3.4a), inequality (4.20) implies that

$$
\begin{aligned}
& \int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla \bar{A} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \\
& \quad \leq \liminf _{m \rightarrow \infty}\left[\int_{0}^{T} \int_{\Omega} F\left(\Pi_{\mathcal{D}_{m}} A_{m}, \Pi_{\mathcal{D}_{m}} B_{m}\right) \Pi_{\mathcal{D}_{m}}\left(A_{m}-w_{m}\right) \mathrm{d} \boldsymbol{x} \mathrm{~d} t\right. \\
& \left.\quad+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla_{\mathcal{D}_{m}} A_{m} \cdot \nabla_{\mathcal{D}_{m}} w_{m} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t-\int_{0}^{T} \int_{\Omega} \delta_{\mathcal{D}_{m}} A_{m} \Pi_{\mathcal{D}_{m}}\left(A_{m}-w_{m}\right) \mathrm{d} \boldsymbol{x} \mathrm{~d} t\right]
\end{aligned}
$$

With the weak-strong convergences, we pass to the limit in this relation to obtain, for all $w_{\kappa} \in \mathbb{L}_{\kappa}$ and all $\kappa>0$,

$$
\begin{aligned}
& \int_{0}^{T} \int_{\Omega} \partial_{t} \bar{A}(\boldsymbol{x}, t)\left(u-w_{\kappa}\right)(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla\left(\bar{A}-w_{\kappa}\right)(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
& \quad \leq \int_{0}^{T} \int_{\Omega} F(\bar{A}(\boldsymbol{x}, t), \bar{B}(\boldsymbol{x}, t))\left(\bar{A}-w_{\kappa}\right)(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t
\end{aligned}
$$

By the density of the set $C_{0}^{\infty}(\bar{\Omega}) \cap \mathcal{K}$ in $\mathcal{K}$ proved in [14], every $\varphi \in \mathbb{K}$ can be approximated by a piecewise constant function in time $w_{\kappa} \in \mathbb{L}_{\kappa}$ such that $w_{\kappa} \rightarrow \varphi$ strongly in $L^{2}\left(0, T ; H_{0}^{1}(\Omega)\right)$ as $\kappa \rightarrow 0$ (note that $w_{\kappa} \leq \chi$ in $\Omega \times(0, T)$ ). Hence, (2.1a) is verified.

Let us verify the integral equality (2.1b). Let $\psi$ be a generic function in the space $L^{2}\left(0, T ; L^{2}(\Omega)\right)$ which satisfies $\partial_{t} \psi \in L^{2}(\Omega \times(0, T))$ and $\psi(T, \cdot)=0$. Using the technique in [8, Lemma 4.10], we can construct $w_{m}=\left(w_{m}^{(n)}\right)_{n=0, \ldots, N_{m}} \in X_{\mathcal{D}_{m}, 0}^{N_{m}+1}$, such that $\Pi_{\mathcal{D}_{m}} w_{m} \rightarrow \psi$ in $L^{2}\left(0, T ; L^{2}(\Omega)\right)$ and $\delta_{\mathcal{D}_{m}} w_{m} \rightarrow \partial_{t} \psi$ strongly in $L^{2}(\Omega \times(0, T))$. Take $\psi=\delta t_{m}^{\left(n+\frac{1}{2}\right)} w_{m}^{(n)}$ as a generic function in (3.4b) and sum over $n \in\left[0, N_{m}-1\right]$ to get

$$
\begin{align*}
& \sum_{n=0}^{N_{m}-1} \int_{\Omega}\left[\Pi_{\mathcal{D}_{m}} B_{m}^{(n+1)}(\boldsymbol{x})-\Pi_{\mathcal{D}_{m}} B^{(n)}(\boldsymbol{x})\right] \Pi_{\mathcal{D}_{m}} w_{m}^{(n)}(\boldsymbol{x}) \mathrm{d} x \\
& \quad+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{B}(\boldsymbol{x}) \nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \cdot \nabla_{\mathcal{D}_{m}} w_{m}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t  \tag{4.21}\\
& \quad=\int_{0}^{T} \int_{\Omega} G\left(\Pi_{\mathcal{D}_{m}} A(\boldsymbol{x}, t), \Pi_{\mathcal{D}_{m}} B(\boldsymbol{x}, t)\right) \Pi_{\mathcal{D}_{m}} w_{m}(\boldsymbol{x}, t) \mathrm{d} x \mathrm{~d} t
\end{align*}
$$

Applying [8, Eq. (D.15)] to the right-hand side yields, thanks to $w^{(N)}=0$,

$$
\begin{aligned}
-\int_{0}^{T} & \int_{\Omega} \Pi_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \delta_{\mathcal{D}_{m}} w_{m}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t-\int_{\Omega} \Pi_{\mathcal{D}_{m}} B_{m}^{(0)}(\boldsymbol{x}) \Pi_{\mathcal{D}_{m}} w_{m}^{(0)}(\boldsymbol{x}) \mathrm{d} \boldsymbol{x} \\
& \quad+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{B}(\boldsymbol{x}) \nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \cdot \nabla_{\mathcal{D}_{m}} w_{m}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
= & \int_{0}^{T} \int_{\Omega} G\left(\Pi_{\mathcal{D}_{m}} A(\boldsymbol{x}, t), \Pi_{\mathcal{D}_{m}} B(\boldsymbol{x}, t)\right) \Pi_{\mathcal{D}_{m}} w_{m}(\boldsymbol{x}, t) \mathrm{d} x \mathrm{~d} t
\end{aligned}
$$

Using the consistency, we see that $\Pi_{\mathcal{D}_{m}} B_{m}^{(0)}=\Pi_{\mathcal{D}_{m}} J_{\mathcal{D}_{m}} B_{\text {ini }} \rightarrow B_{\text {ini }}$ in $L^{2}(\Omega)$. This, when passing to the limit $m \rightarrow \infty$, implies, for all $\psi$ in $L^{2}\left(0, T ; H^{1}(\Omega)\right)$,

$$
\begin{aligned}
& -\int_{0}^{T} \int_{\Omega} \partial_{t} \psi(\boldsymbol{x}, t) \bar{B}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{B} \nabla \bar{B} \cdot \nabla \psi(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
& \quad=\int_{0}^{T} \int_{\Omega} G(\bar{A}, \bar{B}) \psi(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t .
\end{aligned}
$$

Since $C^{\infty}\left([0, T] ; H^{1}(\Omega)\right)$ is dense in $L^{2}\left(0, T ; H^{1}(\Omega)\right)$, integrating by parts shows that the above equality can be expressed in the sense of distributions, which is equivalent to (2.1b).

Step 4: Proof of the strong convergence of $\nabla_{\mathcal{D}_{m}} A_{m}$ and $\nabla_{\mathcal{D}_{m}} B_{m}$. From the weak-strong convergences, we have, for all $\bar{w}_{\kappa} \in \mathbb{L}_{\kappa}$,

$$
\begin{aligned}
& \limsup _{m \rightarrow \infty} \int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla_{\mathcal{D}_{m}} A_{m} \cdot \nabla_{\mathcal{D}_{m}} A_{m} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \\
& \quad \leq \int_{0}^{T} \int_{\Omega} F(\bar{A}, \bar{B})\left(\bar{A}-\bar{w}_{\kappa}\right) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
& \quad+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla \bar{w}_{\kappa} \mathrm{d} \boldsymbol{x} \mathrm{~d} t-\int_{0}^{T} \int_{\Omega} \partial_{t} \bar{A}\left(\bar{A}-\bar{w}_{k}\right) \mathrm{d} \boldsymbol{x} \mathrm{~d} t
\end{aligned}
$$

Thanks to the density results, for any $\varphi \in \mathbb{K}$, we can find $\left(\bar{w}_{\kappa}\right)_{\kappa>0}$ that converges to $\varphi$ in $L^{2}\left(0, T ; H^{1}(\Omega)\right)$, as $\kappa \rightarrow 0$. Therefore, we infer, for all $\varphi \in \mathbb{K}$,

$$
\begin{aligned}
& \limsup _{m \rightarrow \infty} \int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla_{\mathcal{D}_{m}} A_{m} \cdot \nabla_{\mathcal{D}_{m}} A_{m} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \\
& \leq \\
& \quad \int_{0}^{T} \int_{\Omega} F(\bar{A}, \bar{B})(\bar{A}-\varphi) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
& \quad+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla \varphi \mathrm{~d} \boldsymbol{x} \mathrm{~d} t-\int_{0}^{T} \int_{\Omega} \partial_{t} \bar{A}(\bar{A}-\varphi) \mathrm{d} \boldsymbol{x} \mathrm{~d} t
\end{aligned}
$$

Taking $\varphi=\bar{A}$, the above relation yields

$$
\limsup _{m \rightarrow \infty} \int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla_{\mathcal{D}_{m}} A_{m} \cdot \nabla_{\mathcal{D}_{m}} A_{m} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \leq \int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla \bar{A} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t
$$

Together with (4.20), we obtain

$$
\lim _{m \rightarrow \infty} \int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla_{\mathcal{D}_{m}} A_{m} \cdot \nabla_{\mathcal{D}_{m}} A_{m} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t=\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla \bar{A} \mathrm{~d} x \mathrm{~d} t
$$

which implies

$$
\begin{aligned}
0 \leq & d_{1} \limsup _{m \rightarrow \infty} \int_{0}^{T} \int_{\Omega}\left|\nabla \bar{A}-\nabla_{\mathcal{D}_{m}} A_{m}\right|^{2} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t \\
\leq & \limsup _{m \rightarrow \infty}\left[\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla \bar{A}+\int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla_{\mathcal{D}_{m}} A_{m} \cdot \nabla_{\mathcal{D}_{m}} A_{m} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t\right. \\
& \left.-2 \int_{0}^{T} \int_{\Omega} \mathbf{D}_{A} \nabla \bar{A} \cdot \nabla_{\mathcal{D}_{m}} A_{m} \mathrm{~d} \boldsymbol{x} \mathrm{~d} t\right]=0,
\end{aligned}
$$

showing that $\nabla_{\mathcal{D}_{m}} A_{m} \rightarrow \nabla \bar{A}$ strongly in $L^{2}(\Omega \times(0, T))^{d}$. To show the strong convergence of $\nabla_{\mathcal{D}_{m}} B_{m}$, we begin by writing

$$
\begin{align*}
\int_{0}^{T} & \int_{\Omega}\left(\nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t)-\nabla \bar{B}(\boldsymbol{x}, t)\right) \cdot\left(\nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t)-\nabla \bar{B}(\boldsymbol{x}, t)\right) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
= & \int_{0}^{T} \int_{\Omega} \nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \cdot \nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t  \tag{4.22}\\
& -\int_{0}^{T} \int_{\Omega} \nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \cdot \nabla \bar{B}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
& -\int_{0}^{T} \int_{\Omega} \nabla \bar{B}(\boldsymbol{x}, t) \cdot\left(\nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t)-\nabla \bar{B}(\boldsymbol{x}, t)\right) \mathrm{d} \boldsymbol{x} \mathrm{~d} t
\end{align*}
$$

Setting $\psi:=B_{m}$ in (3.4b) and $\psi=\bar{B}$ in (2.1b), and taking $\mathbf{D}_{B}(\boldsymbol{x})=$ Id, when passing to the limit superior, yields

$$
\begin{aligned}
& \limsup _{m \rightarrow \infty} \int_{0}^{T} \int_{\Omega} \nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \cdot \nabla_{\mathcal{D}_{m}} B_{m}(\boldsymbol{x}, t) \mathrm{d} x \mathrm{~d} t \\
& \quad=\int_{0}^{T} \int_{\Omega} G(\bar{A}, \bar{B}) \bar{B}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t-\int_{0}^{T} \int_{\Omega} \partial_{t} \bar{B}(\boldsymbol{x}, t) \bar{B}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t \\
& \quad=\int_{0}^{T} \int_{\Omega} \nabla \bar{B}(\boldsymbol{x}, t) \cdot \nabla \bar{B}(\boldsymbol{x}, t) \mathrm{d} \boldsymbol{x} \mathrm{~d} t .
\end{aligned}
$$

Passing to the limit in (4.22) and using the above inequality, we reach the desired convergence result.

## 5 An example of schemes covered by the analysis

Many numerical schemes fit into the analysis provided in this work. We construct here the nonconforming $\mathbb{P} 1$ finite element scheme for our model. Let $\mathcal{T}=(\mathcal{M}, \mathcal{E})$ be the polytopal mesh of $\Omega$ defined in [8, Definition 7.2], in which $\mathcal{M}$ and $\mathcal{E}$ consist of cells $K$ and edges $\sigma$, respectively. The elements of gradient discretization $\mathcal{D}$ associated with the nonconforming $\mathbb{P} 1$ finite element scheme are:

- $X_{\mathcal{D}, 0}=\left\{w=\left(w_{\sigma}\right)_{\sigma \in \mathcal{E}}: w_{\sigma} \in \mathbb{R}\right.$ and $w_{\sigma}=0$ for all $\left.\sigma \in \mathcal{E}_{\text {ext }}\right\}$.
- For all $w \in X_{\mathcal{D}, 0}$ and for all $K \in \mathcal{M}$, for a.e. $\boldsymbol{x} \in K$,

$$
\Pi_{\mathcal{D}} w(\boldsymbol{x})=\sum_{\sigma \in \mathcal{E}_{K}} w_{\sigma} e_{K}^{\sigma}(\boldsymbol{x})
$$

where $e_{K}^{\sigma}$ is a basis function.

- For all $w \in X_{\mathcal{D}, 0}$ and all $K \in \mathcal{M}$, for a.e. $\boldsymbol{x} \in K$,

$$
\left(\nabla_{\mathcal{D}} w\right)_{\mid K}=\nabla\left[\left(\Pi_{\mathcal{D}} w\right)_{\mid K}\right]=\sum_{\sigma \in \mathcal{E}_{K}} w_{\sigma} \nabla e_{K}^{\sigma} .
$$

- The approximate obstacle $\chi_{\mathcal{D}}$ is defined by

$$
\chi_{\mathcal{D}}:=f_{\sigma} \chi(\boldsymbol{x}) \mathrm{d} \boldsymbol{x} .
$$

- For all $\omega \in W^{2, \infty}(\Omega)$, we can construct the interpolants $I_{\mathcal{D}} \omega=J_{\mathcal{D}} \omega=\left(z_{\sigma}\right)_{\sigma \in \mathcal{E}}$ with $z_{\sigma}=\omega\left(\bar{x}_{\sigma}\right)$.
Substituting these elements into scheme (3.4a)-(3.4b) yields the nonconforming $\mathbb{P} 1$ finite element scheme for problem (2.1a)-(2.1b) and its convergence is therefore obtained from Theorem 4.5. Droniou et al. [7] show that $\mathcal{D}$ given here satisfies the three properties, namely coercivity, limit-conformity, and compactness. Let us discuss the consistency property in the sense of Definition 3.4. It is shown in [7] that $\widetilde{S}_{\mathcal{D}_{m}}(\psi) \rightarrow 0$, for all $\psi \in H_{0}^{1}(\Omega)$, which verifies the second item. Similarly, we can prove that $S_{\mathcal{D}_{m}}(\varphi) \rightarrow 0$ for all $\varphi \in C^{2}(\bar{\Omega}) \cap \mathcal{K}$. For any $\varphi$, let $\omega=\left(\omega_{\sigma}\right)_{\sigma \in \mathcal{E}} \in X_{\mathcal{D}, 0}$ be the interpolant such that $\omega_{\sigma}=\varphi\left(\bar{x}_{\sigma}\right)$, for all $\sigma \in \mathcal{E}$. We clearly deduce $\Pi_{\mathcal{D}} \varphi \leq \chi_{\mathcal{D}}$ in $\Omega$. By the density results established in [14], we see that the first item is fulfilled.

Let $\varphi_{m}=\left(\omega_{\sigma}\right)_{\sigma \in \mathcal{E}_{m}} \in \mathcal{K}_{\mathcal{D}_{m}}$ and $\psi_{m}=\left(w_{\sigma}\right)_{\sigma \in \mathcal{E}_{m}} \in X_{\mathcal{D}_{m}, 0}$ be the interpolants such that $\varphi_{m}=$ $I_{\mathcal{D}_{m}} A_{\text {ini }}$ and $\psi_{m}=J_{\mathcal{D}_{m}} B_{\text {ini }}$. Now [8, (B.11) in Lemma B.7] with $p=2$ shows that there exist $C_{5}, C_{6}>0$ not depending on $m$ such that

$$
\begin{aligned}
& \left\|\bar{A}_{\text {ini }}-\Pi_{\mathcal{D}} I_{\mathcal{D}_{m}} A_{\text {ini }}\right\|_{L^{2}(\Omega)}^{2} \leq C_{5}^{2} h_{\mathcal{M}_{m}}^{2}\left\|\nabla A_{\text {ini }}\right\|_{L^{2}(\Omega)}^{2} \quad \text { and } \\
& \left\|\bar{B}_{\text {ini }}-\Pi_{\mathcal{D}} J_{\mathcal{D}_{m}} B_{\text {ini }}\right\|_{L^{2}(\Omega)}^{2} \leq C_{6}^{2} h_{\mathcal{M}_{m}}^{2}\left\|\nabla B_{\text {ini }}\right\|_{L^{2}(\Omega)}^{2}
\end{aligned}
$$

Passing to the limit, we see the right-hand sides tend to 0 (thanks to the classical regularity hypothesis on $A_{\text {ini }}$ and $B_{\text {ini }}$ ), and therefore the third and fourth items of the consistency property are verified. Finally, it is established in [8, proof of Theorem 12.12] that, for $\varphi \in W^{1, p}(\Omega)$, we can construct a function $\omega_{m}=\left(\omega_{\sigma}\right)_{\sigma \in \mathcal{E}_{m}} \in \mathcal{K}_{\mathcal{D}_{m}}$ and find a $C_{7}>0$ not depending on $m$ such that

$$
\left\|\nabla_{\mathcal{D}_{m}} \omega_{m}\right\|_{L^{p}(\Omega)^{d}} \leq C_{7}\|\nabla \varphi\|_{L^{p}(\Omega)^{d}}
$$

Applying this estimate (with $p=2$ ) to $\varphi=A_{\text {ini }}$ and $\omega_{m}=I_{\mathcal{D}_{m}} A_{\text {ini }}$, we deduce that $\left\|\nabla_{\mathcal{D}_{m}} I_{\mathcal{D}_{m}} A_{\text {ini }}\right\|_{L^{2}(\Omega)^{d}}$ is bounded.

The nonconforming $\mathbb{P} 1$ finite element method for problem (1.1a)-(1.1f) is such that, for all $n=0, \ldots, N-1$, the following holds:

$$
\begin{aligned}
& \left(\frac{|\sigma|}{\delta t^{\left(n+\frac{1}{2}\right)}}\left(A_{\sigma}^{(n+1)}-A_{\sigma}^{(n)}\right)+\sum_{\sigma \in \mathcal{E}_{K}}|\sigma| A_{\sigma}^{(n+1)} \mathbf{n}_{K, \sigma}-|K| F\left(A_{\sigma}^{(n+1)}, B_{\sigma}^{(n+1)}\right)\right) \\
& \quad \times\left(A_{\sigma}^{(n+1)}-\chi_{\sigma}\right)=0, \quad \text { for all } K \in \mathcal{M} \text { and for all } \sigma \in \mathcal{E}_{K}, \\
& \frac{|\sigma|}{\delta t^{\left(n+\frac{1}{2}\right)}}\left(A_{\sigma}^{(n+1)}-A_{\sigma}^{(n)}\right)+\sum_{\sigma \in \mathcal{E}_{K}}|\sigma| A_{\sigma}^{(n+1)} \mathbf{n}_{K, \sigma} \geq|\sigma| F\left(A_{\sigma}^{(n+1)}, B_{\sigma}^{(n+1)}\right) \quad \text { for all } \sigma \in \mathcal{E}, \\
& A_{\sigma}^{(n+1)} \geq \chi_{\sigma} \quad \text { for all } \sigma \in \mathcal{E} \\
& \frac{|\sigma|}{\delta t^{\left(n+\frac{1}{2}\right)}}\left(B_{\sigma}^{(n+1)}-B_{\sigma}^{(n)}\right)+\sum_{\sigma \in \mathcal{E}_{K}}|\sigma| B_{\sigma}^{(n+1)} \mathbf{n}_{K, \sigma}=|\sigma| G\left(A_{\sigma}^{(n+1)}, B_{\sigma}^{(n+1)}\right),
\end{aligned}
$$

for all $K \in \mathcal{M}$ and for all $\sigma \in \mathcal{E}_{K}$,
$A_{\sigma}^{(n+1)}=B_{\sigma}^{(n+1)}=0 \quad$ for all $\sigma \in \mathcal{E}_{\text {ext }}$,
$\left(A^{(0)}, B^{(0)}\right)=\left(A_{\text {ini }}\left(x_{\sigma}, 0\right), B_{\text {ini }}\left(x_{\sigma}, 0\right)\right) \quad$ for all $\sigma \in \mathcal{E}$.

## 6 Conclusion

We developed a gradient discretization for nonlinear system of parabolic variational inequalities. We established the existence of a continuous solution and convergence results without nonphysical hypothesis on the model data. We designed a nonconforming $\mathbb{P} 1$ finite element method for the system of a parabolic obstacle problem and showed its convergence.

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## Declarations

## Competing interests

The author declares that he has no competing interests.

## Authors' contributions

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