# Some inequalities for unitarily invariant norms of matrices 

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#### Abstract

This article aims to discuss inequalities involving unitarily invariant norms. We obtain a refinement of the inequality shown by Zhan. Meanwhile, we give an improvement of the inequality presented by Bhatia and Kittaneh for the Hilbert-Schmidt norm. Mathematical Subject Classification: MSC (2010) 15A60; 47A30; 47B15


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## 1. Introduction

Let $M_{m, n}$ be the space of $m \times n$ complex matrices and $M_{n}=M_{n, n}$. Let $\|\cdot\|$ denote any unitarily invariant norm on $M_{n}$. So, $\|U A V\|=\|A\|$ for all $A \in M_{n}$ and for all unitary matrices $U, V \in M_{n}$. For $A=\left(a_{i j}\right) \in M_{n}$, the Hilbert-Schmidt norm of $A$ is defined by

$$
\|A\|_{2}=\sqrt{\left(\sum_{i=1}^{n} \sum_{j=1}^{n}\left|a_{i j}\right|^{2}\right)}=\sqrt{\operatorname{tr}|A|^{2}}=\sqrt{\sum_{j=1}^{n} s_{j}^{2}(A)}
$$

where $t r$ is the usual trace functional and $s_{1}(A) \geq s_{2}(A) \geq \ldots \geq s_{n-1}(A) \geq s_{n}(A)$ are the singular values of $A$, that is, the eigenvalues of the positive semidefinite matrix $|A|=\left(A A^{*}\right)^{\frac{1}{2}}$, arranged in decreasing order and repeated according to multiplicity. The Hilbert-Schmidt norm is in the class of Schatten norms. For $1 \leq p<\alpha$, the Schatten $p$ norm $\|\cdot\|_{p}$ is defined as

$$
\|A\|_{p}=\left(\sum_{j=1}^{n} s_{j}^{p}(A)\right)^{1 / p}=\left(\operatorname{tr}|A|^{p}\right)^{1 / p}
$$

For $k=1, \ldots, n$, the Ky Fan $k$-norm $\|\cdot\|_{(k)}$ is defined as

$$
\|A\|_{(k)}=\sum_{j=1}^{k} s_{j}(A)
$$

It is known that these norms are unitarily invariant, and it is evident that each unitarily invariant norm is a symmetric guage function of singular values [1, p. 54-55].

Bhatia and Davis proved in [2] that if $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite and if $0 \leq r \leq 1$, then

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$$
\begin{equation*}
2\left\|A^{1 / 2} X B^{1 / 2}\right\| \leq\left\|A^{r} X B^{1-r}+A^{1-r} X B^{r}\right\| \leq\|A X+X B\| \tag{1.1}
\end{equation*}
$$

Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite. In [3], Zhan proved that

$$
\begin{equation*}
\left\|A^{r} X B^{2-r}+A^{2-r} X B^{r}\right\| \leq \frac{2}{t+2}\left\|A^{2} X+t A X B+X B^{2}\right\| \tag{1.2}
\end{equation*}
$$

for any unitarily invariant norm and real numbers $r, t$ satisfying $1 \leq 2 r \leq 3,-2<t \leq 2$. The case $r=1, t=0$ of this result is the well-known arithmetic-geometric mean inequality

$$
2\left\|A^{1 / 2} X B^{1 / 2}\right\| \leq\|A X+X B\|
$$

Meanwhile, for $r \in[0,1]$, Zhan pointed out that he can get another proof of the following well-known Heinz inequality

$$
\left\|A^{r} X B^{1-r}+A^{1-r} X B^{r}\right\| \leqslant\|A X+X B\|
$$

by the same method used in the proof of (1.2).
Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite and suppose that

$$
\begin{equation*}
\psi(v)=\left\|A^{1+v} X B^{1-v}+A^{1-v} X B^{1+v}\right\| . \tag{1.3}
\end{equation*}
$$

Then $\psi$ is a convex function on $[-1,1]$ and attains its minimum at $v=0$ [4, p. 265].
In [5], for positive semidefinite $n \times n$ matrices, the inequality

$$
\begin{equation*}
\|A B\| \leqslant \frac{1}{4}\left\|(A+B)^{2}\right\| \tag{1.4}
\end{equation*}
$$

was shown to hold for every unitarily invariant norm. Meanwhile, Bhatia and Kittaneh [5] asked the following.

## Question

Let $A, B \in M_{n}$ be positive semidefinite. Is it true that

$$
s_{j}(A B) \leqslant \frac{1}{4} s_{j}(A+B)^{2}, j=1,2, \cdots, n ?
$$

The case $n=2$ is known to be true [5]. (See also, [1, p. 133], [6, p. 2189-2190], [7, p. 198].)

Obviously, if $A, B \in M_{n}$ are positive semidefinite and $A B=B A$, then we have $j=1,2, \cdots, n, j=1,2, \cdots, n$.

## 2. Some inequalities for unitarily invariant norms

In this section, we first utilize the convexity of the function

$$
\psi(r)=\left\|A^{r} X B^{2-r}+A^{2-r} X B^{r}\right\|
$$

to obtain an inequality for unitarily invariant norms that leads to a refinement of the inequality (1.2). To do this, we need the following lemmas on convex functions.

## Lemma 2.1

Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite. Then, for each unitarily invariant norm, the function

$$
\psi(r)=\left\|A^{r} X B^{2-r}+A^{2-r} X B^{r}\right\|
$$

is convex on $[0,2]$ and attains its minimum at $r=1$.

## Proof

Replace $v+1$ by $r$ in (1.3). $\square$

## Lemma 2.2

Let $\psi$ be a real valued convex function on an interval $[a, b]$ which contains $\left(x_{1}, x_{2}\right)$. Then for $x_{1} \leq x \leq x_{2}$, we have

$$
\begin{equation*}
\psi(x) \leq \frac{\psi\left(x_{2}\right)-\psi\left(x_{1}\right)}{x_{2}-x_{1}} x-\frac{x_{1} \psi\left(x_{2}\right)-x_{2} \psi\left(x_{1}\right)}{x_{2}-x_{1}} . \tag{2.1}
\end{equation*}
$$

## Proof

Since $\psi$ is a convex function on $[a, b]$, for $a \leq x_{1} \leq x \leq x_{2} \leq b$, we have

$$
\frac{\psi\left(x_{1}\right)-\psi(x)}{x_{1}-x} \leq \frac{\psi\left(x_{2}\right)-\psi(x)}{x_{2}-x}
$$

This is equivalent to the inequality (2.1). $\square$

## Theorem 2.1

Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite. If $1 \leq 2 r \leq 3$ and $-2<t \leq 2$, then

$$
\begin{equation*}
\left\|A^{r} X B^{2-r}+A^{2-r} X B^{r}\right\| \leq 2\left(2 r_{0}-1\right)\|A X B\|+\frac{4\left(1-r_{0}\right)}{2+t}\left\|A^{2} X+t A X B+X B^{2}\right\| \tag{2.2}
\end{equation*}
$$

where $r_{0}=\min \{r, 2-r\}$.

## Proof

If $\frac{1}{2} \leqslant r \leqslant 1$, then by Lemma 2.1 and Lemma 2.2, we have

$$
\psi(r) \leq \frac{\psi(1)-\psi\left(\frac{1}{2}\right)}{1-\frac{1}{2}} r-\frac{\frac{1}{2} \psi(1)-\psi\left(\frac{1}{2}\right)}{1-\frac{1}{2}}
$$

That is

$$
\begin{equation*}
\psi(r) \leq(2 r-1) \psi(1)+2(1-r) \psi\left(\frac{1}{2}\right) . \tag{2.3}
\end{equation*}
$$

It follows from (1.2) and (2.3) that

$$
\left\|A^{r} X B^{2-r}+A^{2-r} X B^{r}\right\| \leq 2(2 r-1)\|A X B\|+\frac{4(1-r)}{2+t}\left\|A^{2} X+t A X B+X B^{2}\right\| .
$$

If $1 \leqslant r \leqslant \frac{3}{2}$, then by Lemma 2.1 and Lemma 2.2, we have

$$
\psi(r) \leq \frac{\psi\left(\frac{3}{2}\right)-\psi(1)}{\frac{3}{2}-1} r-\frac{\psi\left(\frac{3}{2}\right)-\frac{3}{2} \psi(1)}{\frac{3}{2}-1}
$$

That is

$$
\begin{equation*}
\psi(r) \leq(3-2 r) \psi(1)+2(r-1) \psi\left(\frac{3}{2}\right) \tag{2.4}
\end{equation*}
$$

It follows from (1.2) and (2.4) that

$$
\left\|A^{r} X B^{2-r}+A^{2-r} X B^{r}\right\| \leq 2(3-2 r)\|A X B\|+\frac{4(r-1)}{2+t}\left\|A^{2} X+t A X B+X B^{2}\right\|
$$

It is equivalent to the following inequality

$$
\left\|A^{r} X B^{2-r}+A^{2-r} X B^{r}\right\| \leq 2\left(2 r_{0}-1\right)\|A X B\|+\frac{4\left(1-r_{0}\right)}{2+t}\left\|A^{2} X+t A X B+X B^{2}\right\| .
$$

This completes the proof. $\square$
Now, we give a simple comparison between the upper bound in (1.2) and the upper bound in (2.2).

$$
\begin{aligned}
& \frac{2}{2+t}\left\|A^{2} X+t A X B+X B^{2}\right\|-2\left(2 r_{0}-1\right)\|A X B\|-\frac{4\left(1-r_{0}\right)}{2+t}\left\|A^{2} X+t A X B+X B^{2}\right\| \\
& =\frac{2\left(2 r_{0}-1\right)}{2+t}\left\|A^{2} X+t A X B+X B^{2}\right\|-2\left(2 r_{0}-1\right)\|A X B\| \\
& \geq \frac{2\left(2 r_{0}-1\right)}{2+t} \cdot(2+t)\|A X B\|-2\left(2 r_{0}-1\right)\|A X B\|=0
\end{aligned}
$$

Therefore, Theorem 2.1 is a refinement of the inequality (1.2).
Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite. Then, for each unitarily invariant norm, the function

$$
\varphi(v)=\left\|A^{v} X B^{1-v}+A^{1-v} X B^{v}\right\|
$$

is a continuous convex function on $[0,1]$ and attains its minimum at $v=\frac{1}{2}$. See $[4, \mathrm{p}$. 265]. Then, by the same method above, we have the following result.

## Theorem 2.2.[8]

Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite. If $0 \leq v \leq 1$, then

$$
\left\|A^{v} X B^{1-v}+A^{1-v} X B^{v}\right\| \leq 4 r_{0}\left\|A^{1 / 2} X B^{1 / 2}\right\|+\left(1-2 r_{0}\right)\|A X+X B\|
$$

where $r_{0}=\min \{v, 1-v\}$. This is a refinement of the second inequality in (1.1).
Next, we will obtain an improvement of the inequality (1.4) for the Hilbert-Schmidt norm. To do this, we need the following lemma.

## Lemma 2.3.[9]

Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite. If $0 \leq v \leq 1$, then

$$
\left\|A^{v} X B^{1-v}\right\| \leq\|A X\|^{v}\|X B\|^{1-v}
$$

## Theorem 2.3

Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite. If $0 \leq v \leq 1$, then

$$
2\left\|A^{v} X B^{1-v}\right\|+\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2} \leq \sqrt{\|A X\|^{4 v}+\|X B\|^{4(1-v)}+2\left\|A^{v} X B^{1-v}\right\|^{2}} .
$$

## Proof

Let

$$
S=\|A X\|^{4 v}+\|X B\|^{4(1-v)}+2\left\|A^{v} X B^{1-v}\right\|^{2}-\left(2\left\|A^{v} X B^{1-v}\right\|+\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2}\right)^{2}
$$

So,

$$
\begin{aligned}
& S=\|A X\|^{4 v}+\|X B\|^{4(1-v)}+2\left\|A^{v} X B^{1-v}\right\|^{2}-4\left\|A^{v} X B^{1-v}\right\|^{2}-\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{4} \\
& -4\left\|A^{v} X B^{1-v}\right\|\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2} \\
& =\|A X\|^{4 v}+\|X B\|^{4(1-v)}-2\left\|A^{v} X B^{1-v}\right\|^{2}-\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{4} \\
& -4\left\|A^{v} X B^{1-v}\right\|\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2} .
\end{aligned}
$$

By Lemma 2.3, we have

$$
\begin{aligned}
& S \geq\|A X\|^{4 v}+\|X B\|^{4(1-v)}-2\|A X\|^{2 v}\|X B\|^{2(1-v)}-\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{4} \\
& -4\left\|A^{v} X B^{1-v}\right\|\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2} .
\end{aligned}
$$

That is,

$$
\begin{aligned}
& S \geq\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2}\left(\left(\|A X\|^{v}+\|X B\|^{1-v}\right)^{2}-\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2}-4\left\|A^{v} X B^{1-v}\right\|\right) \\
& =4\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2}\left(\|A X\|^{v}\|X B\|^{1-v}-\left\|A^{v} X B^{1-v}\right\|\right) \\
& \geq 0 .
\end{aligned}
$$

Hence,

$$
\|A X\|^{4 v}+\|X B\|^{4(1-v)}+2\left\|A^{v} X B^{1-v}\right\|^{2} \geq\left(2\left\|A^{v} X B^{1-v}\right\|+\left(\|A X\|^{v}-\|X B\|^{1-v}\right)^{2}\right)^{2}
$$

This completes the proof. $\square$
Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite, for Hilbert-Schmidt norm, the following equality holds:

$$
\|A X+X B\|_{2}^{2}=\|A X\|_{2}^{2}+\|X B\|_{2}^{2}+2\left\|A^{1 / 2} X B^{1 / 2}\right\|_{2}^{2} .
$$

Taking $v=\frac{1}{2}$ in Theorem 2.3, and then we have the following result.

## Theorem 2.4.[10]

Let $A, B, X \in M_{n}$ such that $A$ and $B$ are positive semidefinite. Then

$$
2\left\|A^{1 / 2} X B^{1 / 2}\right\|_{2}+\left(\sqrt{\|A X\|_{2}}-\sqrt{\|X B\|_{2}}\right)^{2} \leq\|A X+X B\|_{2} .
$$

Bhatia and Kittaneh proved in [5] that if $A, B \in M_{n}$ are positive semidefinite, then

$$
\begin{equation*}
\left\|A^{3 / 2} B^{1 / 2}+A^{1 / 2} B^{3 / 2}\right\| \leq \frac{1}{2}\left\|(A+B)^{2}\right\| \tag{2.5}
\end{equation*}
$$

Now, we give an improvement of the inequality (1.4) for the Hilbert-Schmidt norm.

## Theorem 2.5

Let $A, B \in M_{n}$ be positive semidefinite. Then

$$
\|A B\|_{2}+\frac{1}{2}\left(\sqrt{\left\|A^{3 / 2} B^{1 / 2}\right\|_{2}}-\sqrt{\left\|A^{1 / 2} B^{3 / 2}\right\|_{2}}\right)^{2} \leq \frac{1}{4}\left\|(A+B)^{2}\right\|_{2} .
$$

## Proof

Let

$$
X=A^{1 / 2} B^{1 / 2}
$$

Then, by Theorem 2.4, we have

$$
\begin{equation*}
2\|A B\|_{2}+\left(\sqrt{\left\|A^{3 / 2} B^{1 / 2}\right\|_{2}}-\sqrt{\left\|A^{1 / 2} B^{3 / 2}\right\|_{2}}\right)^{2} \leq\left\|A^{3 / 2} B^{1 / 2}+A^{1 / 2} B^{3 / 2}\right\|_{2} \tag{2.6}
\end{equation*}
$$

It follows form (2.5) and (2.6) that

$$
2\|A B\|_{2}+\left(\sqrt{\left\|A^{3 / 2} B^{1 / 2}\right\|_{2}}-\sqrt{\left\|A^{1 / 2} B^{3 / 2}\right\|_{2}}\right)^{2} \leq \frac{1}{2}\left\|(A+B)^{2}\right\|_{2} .
$$

That is,

$$
\|A B\|_{2}+\frac{1}{2}\left(\sqrt{\left\|A^{3 / 2} B^{1 / 2}\right\|_{2}}-\sqrt{\left\|A^{1 / 2} B^{3 / 2}\right\|_{2}}\right)^{2} \leq \frac{1}{4}\left\|(A+B)^{2}\right\|_{2} .
$$

This completes the proof. $\square$

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## Authors' contributions

SW and LZ designed and performed all the steps of proof in this research and also wrote the paper. YJ participated in the design of the study and suggest many good ideas that made this paper possible and helped to draft the first manuscript. All authors read and approved the final manuscript.

## Competing interests

The authors declare that they have no competing interests.

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