# An analogue of the Bernstein-Walsh lemma in Jordan regions of the complex plane 

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#### Abstract

In this paper we continue to study two-dimensional analogues of Bernstein-Walsh estimates for arbitrary Jordan domains.


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## 1 Introduction and main results

Let $G \subset \mathbb{C}$ be a finite region, with $0 \in G$, bounded by a Jordan curve $L:=\partial G, \Delta:=\{w$ : $|w|>1\}, \Omega:=\operatorname{ext} \bar{G}$ (with respect to $\overline{\mathbb{C}}$ ). Let $w=\Phi(z)$ be the univalent conformal mapping of $\Omega$ onto the $\Delta$ normalized by $\Phi(\infty)=\infty, \Phi^{\prime}(\infty)>0$, and $\Psi:=\Phi^{-1}$.
Let $\wp_{n}$ denote the class of arbitrary algebraic polynomials $P_{n}(z)$ of degree at most $n \in \mathbb{N}$. Let $A_{p}(G), p>0$, denote the class of functions $f$ which are analytic in $G$ and satisfy the condition

$$
\|f\|_{A_{p}(G)}:=\left(\iint_{G}|f(z)|^{p} d \sigma_{z}\right)^{1 / p}<\infty
$$

where $\sigma$ denotes a two-dimensional Lebesgue measure.
When $L$ is rectifiable, let $\mathcal{L}_{p}(L), p>0$, denote the class of functions $f$ which are integrable on $L$ and satisfy the condition

$$
\|f\|_{\mathcal{L}_{p}(L)}:=\left(\int_{L}|f(z)|^{p}|d z|\right)^{1 / p}<\infty
$$

From the well-known Bernstein-Walsh lemma [1, p.101], we see that

$$
\begin{equation*}
\left|P_{n}(z)\right| \leq|\Phi(z)|^{n}\left\|P_{n}\right\|_{C(\bar{G})}, \quad z \in \Omega . \tag{1.1}
\end{equation*}
$$

For $R>1$, let us set $L_{R}:=\{z:|\Phi(z)|=R\}, G_{R}:=\operatorname{int} L_{R}, \Omega_{R}:=\operatorname{ext} L_{R}$. Then (1.1) can be written as follows:

$$
\begin{equation*}
\left\|P_{n}\right\|_{C\left(\bar{G}_{R}\right)} \leq R^{n}\left\|P_{n}\right\|_{C(\bar{G})} . \tag{1.2}
\end{equation*}
$$

Hence, setting $R=1+\frac{1}{n}$, according to (1.2), we see that the $C$-norm of a polynomial $P_{n}(z)$ in $\bar{G}_{R}$ and $\bar{G}$ is equivalent, i.e., the norm $\left\|P_{n}\right\|_{C\left(\bar{G}_{R}\right)}$ increases with no more than a constant with respect to $\left\|P_{n}\right\|_{C(\bar{G})}$.

In the case when $L$ is rectifiable, a similar estimate of (1.2) type in space $\mathcal{L}_{p}(L)$ was obtained in [2] as follows:

$$
\begin{equation*}
\left\|P_{n}\right\|_{\mathcal{L}_{p}\left(L_{R}\right)} \leq R^{n+\frac{1}{p}}\left\|P_{n}\right\|_{\mathcal{L}_{p}(L)}, \quad p>0 \tag{1.3}
\end{equation*}
$$

The Berstein-Walsh type estimation for regions with quasiconformal boundary [3, p.97] in the space $A_{p}(G), p>0$, is contained in [4]:

$$
\begin{equation*}
\left\|P_{n}\right\|_{A_{p}\left(G_{R}\right)} \leq c_{2} R^{*^{n+\frac{1}{p}}}\left\|P_{n}\right\|_{A_{p}(G)}, \quad p>0, \tag{1.4}
\end{equation*}
$$

where $R^{*}:=1+c_{1}(R-1)$ and $c_{1}>0, c_{2}=c_{2}\left(c_{1}, p, G\right)>0$ are constants. Therefore, if we choose $R=1+\frac{c_{3}}{n}$, then (1.4) we can see that the $A_{p}$-norm of polynomials $P_{n}(z)$ in $G_{R}$ and $G$ is equivalent.
In this work, we study a problem similar to (1.4) in $A_{p}(G), p>0$, for regions with arbitrary Jordan boundary.

Now we can state our new result.

Theorem 1.1 Let $p>0$; $G$ be a Jordan region. Then, for any $P_{n} \in \wp_{n}, R_{1}=1+\frac{1}{n}$ and arbitrary $R, R>R_{1}$, we have

$$
\begin{equation*}
\left\|P_{n}\right\|_{A_{p}\left(G_{R}\right)} \leq c_{4} R^{n+\frac{2}{p}}\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}}\right)}, \tag{1.5}
\end{equation*}
$$

where $c_{4}=\left(\frac{2}{e^{p}-1}\right)^{\frac{1}{p}}\left[1+O\left(\frac{1}{n}\right)\right], n \rightarrow \infty$.
The sharpness of (1.5) can be seen from the following remark:

Remark 1.1 For any $n=1,2, \ldots$, there exist a polynomial $P_{n}^{*} \in \wp_{n}$, region $G^{*} \subset \mathbb{C}$ and number $R>R_{1}=1+\frac{1}{n}$ such that

$$
\begin{equation*}
\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R}^{*}\right)} \geq\left(\frac{2}{e^{p}-1}\right)^{\frac{1}{p}} R^{n+\frac{2}{p}}\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R_{1}}^{*}\right)} . \tag{1.6}
\end{equation*}
$$

## 2 Some auxiliary results

Let $G \subset \mathbb{C}$ be a finite region bounded by the Jordan curve $L$. Let $L_{R}:=\{z:|\Phi(z)|=R, R>1\}$, $G_{t}:=\operatorname{int} L_{t}, \Omega_{t}:=\operatorname{ext} L_{t}$.

We note that, throughout this paper, $c_{1}, c_{2}, \ldots$ (in general, different in different relations) are positive constants.

Lemma 2.1 Let $p>0 ; f$ be an analytic function in $|z|>1$ and have a pole of degree at most $n, n \geq 1$ at $z=\infty$. Then, for any $R_{1}$ and $R>R_{1}$, we have

$$
\begin{equation*}
\|f\|_{A_{p}\left(R_{1}<|z|<R\right)} \leq\left(\frac{R^{n p+2}-R_{1}^{n p+2}}{R_{1}^{n p+2}-1}\right)^{\frac{1}{p}}\|f\|_{A_{p}\left(1<|z|<R_{1}\right)} . \tag{2.1}
\end{equation*}
$$

Proof The function $g(z):=\frac{f(z)}{z^{n}}$ is analytic in $|z|>1$ and continuous in $|z| \geq 1$. Applying Hardy's convexity theorem [5, p.9: Th.1.5], for any arbitrary $R_{1}$ and $R\left(R>R_{1}\right)$, and $\rho, s$
such that $R_{1} \leq \rho<R, 1<s \leq R_{1}$, we can write

$$
\begin{align*}
& \int_{|z|=\rho}\left|\frac{f(z)}{z^{n+\frac{1}{p}}}\right|^{p}|d z| \leq \int_{|z|=R_{1}}\left|\frac{f(z)}{z^{n+\frac{1}{p}}}\right|^{p}|d z|,  \tag{2.2}\\
& \int_{|z|=R_{1}}\left|\frac{f(z)}{z^{n+\frac{1}{p}}}\right|^{p}|d z| \leq \int_{|z|=s}\left|\frac{f(z)}{z^{n+\frac{1}{p}}}\right|^{p}|d z|, \tag{2.3}
\end{align*}
$$

respectively. Thus

$$
\begin{align*}
& \int_{|z|=\rho}|f(z)|^{p}|d z| \leq \rho^{n p+1} \int_{|z|=R_{1}}\left|\frac{f(z)}{z^{n+\frac{1}{p}}}\right|^{p}|d z|,  \tag{2.4}\\
& s^{n p+1} \int_{|z|=R_{1}}\left|\frac{f(z)}{z^{n+\frac{1}{p}}}\right|^{p}|d z| \leq \int_{|z|=s}|f(z)|^{p}|d z| . \tag{2.5}
\end{align*}
$$

Integrating (2.4) over $\rho$ from $R_{1}$ to $R$, and (2.5) over $s$ from 1 to $R_{1}$, we get

$$
\begin{aligned}
& \int_{R_{1}}^{R} \int_{|z|=\rho}|f(z)|^{p}|d z| d \rho \leq \frac{1}{n p+2}\left(R^{n p+2}-R_{1}^{n p+2}\right) \int_{|z|=R_{1}}\left|\frac{f(z)}{z^{n+\frac{1}{p}}}\right|^{p}|d z|, \\
& \frac{1}{n p+2}\left(R_{1}^{n p+2}-1\right) \int_{|z|=R_{1}}\left|\frac{f(z)}{z^{n+\frac{1}{p}}}\right|^{p}|d z| \leq \int_{1}^{R_{1}} \int_{|z|=s}|f(z)|^{p}|d z| d s .
\end{aligned}
$$

After calculation we have

$$
\begin{equation*}
\iint_{R_{1}<|z|<R}|f(z)|^{p} d \sigma_{z} \leq \frac{R^{n p+2}-R_{1}^{n p+2}}{R_{1}^{n p+2}-1} \iint_{1<|z|<R_{1}}|f(z)|^{p} d \sigma_{z}, \tag{2.6}
\end{equation*}
$$

and we see that (2.1) is true.

Corollary 2.2 Under the assumptions of Lemma 2.1 for $R_{1}=1+\frac{1}{n}$, we have

$$
\begin{equation*}
\|f\|_{A_{p}\left(R_{1}<|z|<R\right)} \leq c_{1} R^{n+\frac{2}{p}}\|f\|_{A_{p}\left(1<|z|<R_{1}\right)} \tag{2.7}
\end{equation*}
$$

where $c_{1}:=c_{1}(p, n)=\left(\frac{1}{e^{p}-1}\right)^{\frac{1}{p}}\left[1+O\left(\frac{1}{n}\right)\right], n \rightarrow \infty$.

Proof Let us put

$$
S^{p}:=S^{p}\left(R, R_{1}, n, p\right):=\frac{R^{n p+2}-R_{1}^{n p+2}}{R_{1}^{n p+2}-1}=R^{n p+2} \cdot \frac{1-\left(\frac{R_{1}}{R}\right)^{n p+2}}{R_{1}^{n p+2}-1},
$$

and taking $R_{1}=1+\frac{1}{n}$, we have

$$
\begin{equation*}
S^{p}=R^{n p+2} \cdot \frac{1-\left(\frac{R_{1}}{R}\right)^{n p+2}}{\left(1+\frac{1}{n}\right)^{n p+2}-1} \leq \frac{R^{n p+2}}{\left(1+\frac{1}{n}\right)^{n p+2}-1} . \tag{2.8}
\end{equation*}
$$

According to the right-hand side of the well-known estimation (see, for example, [6, p. 52 (Problem 170)])

$$
\begin{equation*}
\frac{e}{2 n+2}<e-\left(1+\frac{1}{n}\right)^{n}<\frac{e}{2 n+1}, \quad n=1,2, \ldots, \tag{2.9}
\end{equation*}
$$

we have

$$
\left(1+\frac{1}{n}\right)^{n p+2} \geq\left(1+\frac{1}{n}\right)^{n p} \geq\left(e-\frac{e}{2 n+1}\right)^{p}=e^{p} \cdot\left(1-\frac{1}{2 n+1}\right)^{p} \geq\left(\varepsilon_{n} \cdot e\right)^{p}
$$

where

$$
\begin{equation*}
\frac{2}{3} \leq \varepsilon_{n}:=1-\frac{1}{2 n+1} \rightarrow 1, \quad n \rightarrow \infty . \tag{2.10}
\end{equation*}
$$

Therefore

$$
\begin{equation*}
S^{p} \leq \frac{1}{\left(\varepsilon_{n} e\right)^{p}-1} R^{n p+2}=R^{n p+2} \frac{1}{e^{p}-1}\left[1+O\left(\frac{1}{n}\right)\right], \quad n \rightarrow \infty . \tag{2.11}
\end{equation*}
$$

From (2.8) and (2.11) we complete the proof.

Remark 2.1 For the polynomial $Q_{n}(z)=z^{n}, R_{1}=1+\frac{1}{n}$ and any $R>R_{1}$,

$$
\begin{equation*}
\left\|Q_{n}\right\|_{A_{p}\left(R_{1}<|z|<R\right)} \geq c_{2} R^{n+\frac{2}{p}}\left\|Q_{n}\right\|_{A_{p}\left(1<|z|<R_{1}\right)}, \tag{2.12}
\end{equation*}
$$

where $c_{2}:=c_{2}(p, n):=\left(\frac{1}{e^{p}-1}\right)^{\frac{1}{p}}\left[1-O\left(\frac{1}{n}\right)\right], n \rightarrow \infty$.

Proof Really, from (2.6) we get

$$
\begin{equation*}
S^{p}=R^{n p+2} \cdot \frac{1-\left(\frac{R_{1}}{R}\right)^{n p+2}}{\left(1+\frac{1}{n}\right)^{n p+2}-1}=R^{n p+2} \cdot \frac{1-\delta_{n}}{\left(1+\frac{1}{n}\right)^{n p+2}-1}, \tag{2.13}
\end{equation*}
$$

where

$$
\begin{equation*}
\delta_{n}:=\left(\frac{R_{1}}{R}\right)^{n p+2} \rightarrow 0, \quad n \rightarrow \infty . \tag{2.14}
\end{equation*}
$$

According to the left-hand side of (2.9), we obtain

$$
\begin{aligned}
\left(1+\frac{1}{n}\right)^{n p+2} & =\left(1+\frac{1}{n}\right)^{n p}\left(1+\frac{1}{n}\right)^{2} \leq\left(e-\frac{e}{2 n+2}\right)^{p} \eta_{n} \\
& =e^{p} \cdot\left(1-\frac{1}{2 n+2}\right)^{p} \eta_{n} \leq e^{p} \cdot \eta_{n}
\end{aligned}
$$

where

$$
\eta_{n}:=\left(1+\frac{1}{n}\right)^{2} \rightarrow 1, \quad n \rightarrow \infty
$$

Therefore,

$$
\begin{aligned}
S^{p} & \geq R^{n p+2} \cdot \frac{1-\delta_{n}}{\eta_{n} e^{p}-1} \\
& =R^{n p+2} \cdot\left[\frac{1}{\eta_{n} e^{p}-1}-\frac{\delta_{n}}{\eta_{n} e^{p}-1}\right]
\end{aligned}
$$

$$
\begin{aligned}
& =R^{n p+2} \cdot\left\{\frac{1}{e^{p}-1}\left[1-O\left(\frac{1}{n}\right)\right]-O\left(\delta_{n}\right)\right\} \\
& =R^{n p+2} \cdot \frac{1}{e^{p}-1}\left[1-O\left(\frac{1}{n}\right)\right], \quad n \rightarrow \infty .
\end{aligned}
$$

Corollary 2.3 For $f \equiv P_{n}$, we have

$$
\left\|P_{n}\right\|_{A_{p}(|z|<R)} \leq c_{3} R^{n+\frac{2}{p}}\left\|P_{n}\right\|_{A_{p}\left(|z|<R_{1}\right)}
$$

where $c_{3}:=c_{3}(p, n):=\left(\frac{2}{e^{p}-1}\right)^{\frac{1}{p}}\left[1+O\left(\frac{1}{n}\right)\right], n \rightarrow \infty$.

Proof Really, (2.1) implies, for any $f \equiv P_{n}$,

$$
\left\|P_{n}\right\|_{A_{p}\left(R_{1}<|z|<R\right)}^{p} \leq S^{p} \cdot\left\|P_{n}\right\|_{A_{p}\left(1<|z|<R_{1}\right)}^{p}
$$

Adding $\left\|P_{n}\right\|_{A_{p}\left(|z|<R_{1}\right)}^{p}$ to the both sides, we obtain

$$
\begin{aligned}
\left\|P_{n}\right\|_{A_{p}(|z|<R)}^{p} & \leq S^{p} \cdot\left\|P_{n}\right\|_{A_{p}\left(1<|z|<R_{1}\right)}^{p}+\left\|P_{n}\right\|_{A_{p}\left(|z|<R_{1}\right)}^{p} \\
& \leq 2 \max \left\{S^{p}, 1\right\} \cdot\left\|P_{n}\right\|_{A_{p}\left(|z|<R_{1}\right)}^{p} .
\end{aligned}
$$

Passing to the limit as $R_{1}=1+\frac{1}{n} \rightarrow 1$, from (2.11) we obtain

$$
\left\|P_{n}\right\|_{A_{p}(|z|<R)}^{p} \leq \frac{2}{e^{p}-1}\left[1+O\left(\frac{1}{n}\right)\right] \cdot R^{n p+2}\left\|P_{n}\right\|_{A_{p}\left(|z|<R_{1}\right)}^{p} .
$$

## 3 Proof of the theorem

Proof First of all, let us convince ourselves that for the proof of (1.5) it is sufficient to show the fulfilment of estimation

$$
\begin{equation*}
\left\|P_{n}\right\|_{A_{p}\left(G_{R} \backslash G_{R_{1}}\right)} \leq c R^{n+\frac{2}{p}}\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}} \backslash G\right)} \tag{3.1}
\end{equation*}
$$

for some constant $c=c\left(p, R_{1}\right)>0$ independent of $R$ and $n$. Really, let (3.1) be true. Then

$$
\begin{equation*}
\left\|P_{n}\right\|_{A_{p}\left(G_{R} \backslash G_{R_{1}}\right)}^{p} \leq c^{p} R^{n p+2}\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}} \backslash G\right)}^{p} . \tag{3.2}
\end{equation*}
$$

Now, we will add to both sides $\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}}\right)}^{p}$ :

$$
\begin{align*}
\left\|P_{n}\right\|_{A_{p}\left(G_{R}\right)}^{p} & \leq c^{p} R^{n p+2}\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}} \backslash G\right)}^{p}+\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}}\right)}^{p} \\
& \leq c^{p} R^{n p+2}\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}} \backslash G\right)}^{p}+c^{p} R^{n p+2}\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}}\right)}^{p} \\
& =2 c^{p} R^{n p+2}\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}}\right)}^{p} . \tag{3.3}
\end{align*}
$$

Therefore,

$$
\left\|P_{n}\right\|_{A_{p}\left(G_{R}\right)} \leq 2^{\frac{1}{p}} c R^{n+\frac{2}{p}}\left\|P_{n}\right\|_{A_{p}\left(G_{R_{1}}\right)} .
$$

Now, let us make a proof of (3.1).
For the $p>0$, let us set

$$
f_{n}(w):=P_{n}(\Psi(w))\left[\Psi^{\prime}(w)\right]^{\frac{2}{p}}, \quad w=\Phi(z) .
$$

The function $f_{n}$ is analytic in $\Delta$ and has a pole of degree at most $n$ at $w=\infty$. Then, according to Lemma 2.1, we have

$$
\left\|f_{n}\right\|_{A_{p}\left(R_{1}<|w|<R\right)}^{p} \leq S\left(R, R_{1}, n, p\right)\left\|f_{n}\right\|_{A_{p}\left(1<|w|<R_{1}\right)}^{p},
$$

where

$$
S^{p}:=\frac{R^{n p+2}-R_{1}^{n p+2}}{R_{1}^{n p+2}-1}=R^{n p+2} \cdot \frac{1-\left(\frac{R_{1}}{R}\right)^{n p+2}}{R_{1}^{n p+2}-1} .
$$

Then

$$
\begin{aligned}
\iint_{G_{R} \backslash G_{R_{1}}}\left|P_{n}(z)\right|^{p} d \sigma_{z} & =\iint_{R_{1}<|w|<R}\left|f_{n}(w)\right|^{p} d \sigma_{w} \\
& \leq S^{p} \iint_{1<|w|<R_{1}}\left|f_{n}(w)\right|^{p} d \sigma_{w} \\
& \leq R^{n p+2} \cdot \frac{1}{R_{1}^{n p+2}-1} \iint_{G_{R_{1} \backslash G} \backslash}\left|P_{n}(z)\right|^{p} d \sigma_{z} .
\end{aligned}
$$

Therefore,

$$
\begin{equation*}
\iint_{G_{R}}\left|P_{n}(z)\right|^{p} d \sigma_{z} \leq 2 R^{n p+2} \cdot \frac{1}{R_{1}^{n p+2}-1} \iint_{G_{R_{1}}}\left|P_{n}(z)\right|^{p} d \sigma_{z} . \tag{3.4}
\end{equation*}
$$

Taking $R_{1}=1+\frac{1}{n}$, from (2.9) and (2.11) we get

$$
\begin{equation*}
\frac{1}{R_{1}^{n p+2}-1}=\frac{1}{e^{p}-1}\left[1+O\left(\frac{1}{n}\right)\right], \quad n \rightarrow \infty \tag{3.5}
\end{equation*}
$$

Now, from (3.4) and (3.5) we complete the proof.

### 3.1 Proof of the remark

Proof Let $P_{n}^{*}=z^{n}, G^{*}=B:=\{z:|z|<1\}$ and $R \leq \frac{8 e^{p}}{e^{p}-1}$. Then

$$
\begin{align*}
\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R}^{*}\right)}^{p} & =\iint_{|z|<R}\left|z^{n}\right|^{p} d \sigma_{z} \\
& =R^{n p+2} \cdot R_{1}^{-(n p+2)}\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R_{1}}^{*}\right)}^{p} \\
& =\frac{R}{R_{1}^{2} \cdot R_{1}^{n p}} \cdot R^{n p+2}\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R_{1}}^{*}\right)}^{p} . \tag{3.6}
\end{align*}
$$

For $R_{1}=1+\frac{1}{n}$, from (2.9) we obtain

$$
\begin{aligned}
& \left(1+\frac{1}{n}\right)^{n p} \leq\left(e-\frac{e}{2 n+2}\right)^{p} \leq e^{p} \\
& \left(1+\frac{1}{n}\right)^{2} \leq 4
\end{aligned}
$$

Then

$$
\frac{R}{R_{1}^{n p+2}} \geq \frac{R}{4 e^{p}}
$$

and

$$
\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R}^{*}\right)}^{p} \geq \frac{R}{4 e^{p}} \cdot R^{n p+2}\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R_{1}}^{*}\right)}^{p} .
$$

In particular, for $R=\frac{8 e^{p}}{e^{p}-1}$ we have

$$
\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R}^{*}\right)}^{p} \geq \frac{2}{e^{p}-1} \cdot R^{n p+2}\left\|P_{n}^{*}\right\|_{A_{p}\left(G_{R_{1}}^{*}\right)}^{p}
$$

## Competing interests

The authors declare that they have no competing interests.

## Authors' contributions

All authors contributed equally and significantly in writing this paper. All authors read and approved the final manuscript.
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