# ON THE CONSTANT IN MEŃSHOV-RADEMACHER INEQUALITY

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Received 26 March 2005; Accepted 7 September 2005

The goal of the paper is twofold: (1) to show that the exact value  $D_2$  in the Meńshov-Rademacher inequality equals 4/3, and (2) to give a new proof of the Meńshov-Rademacher inequality by use of a recurrence relation. The latter gives the asymptotic estimate  $\limsup_{n} D_n/\log_2^2 n \le 1/4$ .

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#### 1. Introduction

The Meńshov-Rademacher inequality deals with the estimation of

$$D_n = \sup \mathbf{E} \max_{1 \le k \le n} \left( \sum_{l=1}^k \alpha_l \varphi_l \right)^2, \tag{1.1}$$

where sup is taken over all probability spaces  $(\Omega, \mathcal{F}, P)$ , all real orthonormal systems  $(\varphi_1, \dots, \varphi_n)$  on them, and all real coefficient collections  $(\alpha_1, \dots, \alpha_n)$  with  $\sum_{i=1}^{n} \alpha_i^2 = 1$ .

Rademacher [9] and Meńshov [7] independently proved that there exists an absolute constant C > 0 such that for each  $n \ge 2$ ,

$$D_n \le C \log_2^2 n. \tag{1.2}$$

A traditional proof using a bisection method (see, e.g., Doob [2] and Loève [6]) leads to the inequality

$$D_n \le (\log_2 n + 2)^2, \quad n \ge 2.$$
 (1.3)

Kounias [4] used a trisection method to get a finer inequality:

$$D_n \le \left(\frac{\log_2 n}{\log_2 3} + 2\right)^2, \quad n \ge 2.$$
 (1.4)

Hindawi Publishing Corporation Journal of Inequalities and Applications Volume 2006, Article ID 68969, Pages 1–7 DOI 10.1155/JIA/2006/68969

# 2 On the constant in Meńshov-Rademacher inequality

The aim of this paper is twofold: to show that the exact starting value  $D_2 = 4/3$  and to establish a recurrence relation which leads to a refinement of (1.4) and an asymptotic constant  $\leq 1/4$ . Note that there are several other proofs of the Meńshov-Rademacher inequality and its generalizations, see, for example, Somogyi [10] and Móricz and Tandori [8].

Section 2 deals with the proof of  $D_2 = 4/3$ , while Section 3 is devoted to the proof of the Meńshov-Rademacher inequality with the asymptotic constant  $\leq 1/4$ . Section 4 contains alternative proofs to those results using the concept of main triangle projection, a subject which was studied in depth in Gohberg and Kreĭn [3] and Kwapień and "Pełczyński" [5].

### 2. The value of $D_2$

Theorem 2.1.  $D_2 = 4/3$ .

The proof of the theorem is based on the following lemma which may be of independent interest.

Lemma 2.2. Let c > 0,  $p_c \equiv c^2/(1+c^2)$ , and define

$$f(p,c) = \sup_{X \in \mathcal{A}(p,c)} \mathbf{E}(X\mathbf{1}_{X>-c}), \quad p_c \le p < 1, \tag{2.1}$$

where

$$\mathcal{A}(p,c) = \{ X \in L_0(\Omega, \mathcal{F}, P) : \mathbf{E}(X) = 0, \ \mathbf{E}(X^2) = 1, \ P(X > -c) = p \}. \tag{2.2}$$

Then

$$f(p,c) = \sqrt{p(1-p)}.$$
 (2.3)

*Proof of Lemma 2.2.* To show that the left-hand side is greater than or equal to right-hand side, we observe that  $\mathbf{E}(X_p \mathbf{1}_{X_p > -c}) = \sqrt{p(1-p)}$ , where the distribution of  $X_p \in \mathcal{A}(p,c)$  is given by

$$p = P\left(X_p = \sqrt{\frac{(1-p)}{p}}\right) = 1 - P\left(X_p = -\sqrt{\frac{p}{(1-p)}}\right).$$
 (2.4)

To see that the left-hand side is less than or equal to right-hand side, we define

$$h_p(x) = x \cdot 1_{x > -c} - p \cdot x - \sqrt{\frac{p(1-p)}{4}} \cdot x^2.$$
 (2.5)

The maximum of  $h_p(x)$  is achieved at  $x = \sqrt{(1-p)/p}$  and at  $-\sqrt{p/(1-p)}$  for the regions x > -c and  $x \le -c$ , respectively. We conclude that for any  $X \in \mathcal{A}(p,c)$ ,

$$0 \le \mathbf{E}(h_p(X_p)) - \mathbf{E}(h_p(X)) = \mathbf{E}(X_p \cdot \mathbf{1}_{X_p > -c}) - \mathbf{E}(X \cdot \mathbf{1}_{X > -c}). \tag{2.6}$$

This completes the proof of the lemma.

Let us note also that  $\mathcal{A}(p,c)$  is empty for  $p < p_c$ . Indeed, by the Chebyshev inequality,  $\mathbf{E}(X) = 0$  and  $\mathbf{E}(X^2) = 1$  imply  $P(X \le -c) \le 1/(1+c^2) = 1 - p_c$ .

Proof of Theorem 2.1. The result follows by standard calculations from the representation

$$D_2 = \sup_{a^2 + b^2 = 1, b^2 / (1 + 3a^2) (2.7)$$

To prove (2.7) convert an orthonormal pair  $(\varphi_1, \varphi_2)$  defined on  $(\Omega, \mathcal{F}, P)$  into  $(X \equiv \varphi_1/\varphi_2, 1)$ . The new pair is orthonormal with respect to the measure  $dP' = \varphi_2^2 dP$ . Also

$$\mathbf{E}_{P} \max \left\{ (a\varphi_{1})^{2}, (a\varphi_{1} + b\varphi_{2})^{2} \right\} = \mathbf{E}_{P'} \max \left\{ (aX)^{2}, (aX + b)^{2} \right\} 
= a^{2} + b^{2}P'(X > -b/2a) + 2ab \cdot \mathbf{E}_{P'}(X \cdot \mathbf{1}_{X > -b/2a}) 
\leq a^{2} + b^{2}p + 2ab \cdot f\left(p, \frac{b}{2a}\right),$$
(2.8)

where p = P'(X > -b/2a). Now (2.7) follows from Lemma 2.2 with c = b/2a.

# 3. An induction proof of the Meńshov-Rademacher inequality

**Тнео**кем 3.1. (i)

$$D_m \le \frac{1}{4} (3 + \log_2 m)^2, \quad m \ge 2.$$
 (3.1)

*In particular,* (ii)

$$\limsup_{m} \frac{D_m}{\log_2^2 m} \le \frac{1}{4}.$$
 (3.2)

Lemma 3.2. The following recurrence relation holds true for any  $n \in \mathbb{N}$ :

$$D_{2n} \le D_n + D_n^{1/2}. (3.3)$$

*Proof of Lemma 3.2.* We have for any  $n \in \mathbb{N}$ ,

$$\max_{k \leq 2n} \left| \sum_{1}^{k} \alpha_{i} \varphi_{i} \right|^{2} \leq \max \left( \max_{k \leq n} \left| \sum_{1}^{k} \alpha_{i} \varphi_{i} \right|^{2}, \left( \left| \sum_{1}^{n} \alpha_{i} \varphi_{i} \right| + \max_{n < k \leq 2n} \left| \sum_{n+1}^{k} \alpha_{i} \varphi_{i} \right| \right)^{2} \right) \\
\leq \max_{k \leq n} \left| \sum_{1}^{k} \alpha_{i} \varphi_{i} \right|^{2} + 2 \left| \sum_{1}^{n} \alpha_{i} \varphi_{i} \right| \max_{n < k \leq 2n} \left| \sum_{n+1}^{k} \alpha_{i} \varphi_{i} \right| + \max_{n < k \leq 2n} \left| \sum_{n+1}^{k} \alpha_{i} \varphi_{i} \right|^{2}.$$
(3.4)

Taking expectations in (3.4) and using the Cauchy-Schwartz inequality, we come to the

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desired recurrence relation:

$$D_{2n} \le pD_n + 2\sqrt{p(1-p)D_n} + (1-p)D_n = D_n + \sqrt{D_n}, \tag{3.5}$$

where  $p = \sum_{i=1}^{n} \alpha_i^2$ .

The lemma is proved.

*Proof of Theorem 3.1.* Lemma 3.2 implies that for any  $n \in \mathbb{N}$ ,

$$D_{2n}^{1/2} \le D_n^{1/2} + \frac{1}{2}. (3.6)$$

Since  $D_1 = 1$ , this implies that for each  $n \in \mathbb{N}$ ,

$$D_{2^n}^{1/2} \le 1 + \frac{n}{2}. (3.7)$$

Let us take now  $2^n \le m < 2^{n+1}$ . Then

$$D_m \le D_{2^{n+1}} \le \left(1 + \frac{n+1}{2}\right)^2 \le \left(1 + \frac{\log_2 m + 1}{2}\right)^2. \tag{3.8}$$

This implies the validity of Theorem 3.1.

*Remark 3.3.* (1) The proof of Theorem 3.1 is a refinement of that appeared in Chobanyan [1].

(2) Kounias's result mentioned in the introduction leads to  $\limsup (D_n/\log_2^2 n) \le (\log 2/\log 3)^2$  which is larger than 1/4 of Theorem 3.1.

## 4. An alternative approach: the main triangle projection

Consider the space  $L(\mathbb{R}^n)$  of all linear operators (matrices) acting in  $\mathbb{R}^n$ . The correspondence between the operators and matrices is given by  $a_{ij} = (Ae_j, e_i)$ , i, j = 1, ..., n. The main triangle projection  $T_n : L(\mathbb{R}^n) \to L(\mathbb{R}^n)$  is a linear operator introduced as follows. For an  $A \in L(\mathbb{R}^n)$ , the matrix of the operator  $B = T_n A$  has the form  $b_{ij} = a_{ij}$  if  $i + j \le n + 1$  and  $b_{ij} = 0$  otherwise.

We assume that  $\mathbb{R}^n$  is endowed with the Euclidean norm, and the norm in  $\mathbf{L}(\mathbb{R}^n)$  is the usual operator norm.

Theorem 4.1.  $D_n = ||T_n||^2$ ,  $n \in \mathbb{N}$ .

*Proof.* Let us prove first that  $||T_n||^2 \equiv \sup_{||A|| \le 1} ||T_nA||^2 \le D_n$ . Since the orthogonal operators (and only them) are the extreme points of the unit ball of  $\mathbf{L}(\mathbb{R}^n)$ , it suffices to show that for any orthogonal operator  $u \in \mathbf{L}(\mathbb{R}^n)$ ,  $||T_nu||^2 \le D_n$ . Let us relate with u the orthonormal system  $\varphi_1, \ldots, \varphi_n$  defined on  $(\Omega, P)$ , where  $\Omega = \{1, \ldots, n\}$ , P(j) = 1/n,  $j = 1, \ldots, n$ , as follows:

$$\varphi_k(j) = \sqrt{n}(ue_k, e_j), \quad k, j = 1, ..., n.$$
 (4.1)

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We have for any vector  $\alpha = (\alpha_1, ..., \alpha_n) \in \mathbb{R}^n$  with  $|\alpha| = 1$ ,

$$D_{n} \geq \mathbf{E} \max_{k \leq n} \left| \sum_{i=1}^{k} \alpha_{i} \varphi_{i} \right|^{2} = \sum_{j=1}^{n} \max_{k \leq n} \left| \sum_{i=1}^{k} \alpha_{i} (ue_{i}, e_{j}) \right|^{2}$$

$$\geq \sum_{j=1}^{n} \left| \sum_{i=1}^{n-j+1} \alpha_{i} (ue_{i}, e_{j}) \right|^{2} = \left| \left| (T_{n}u)\alpha \right| \right|^{2}.$$

$$(4.2)$$

Taking supremum over all orthogonal u's and  $\alpha$ 's from the unit ball of  $\mathbb{R}^n$ , we get  $D_n \ge \|T_n\|^2$ . To prove the inverse inequality, consider an orthonormal system  $(\varphi_1, \ldots, \varphi_n) \subset L_2(\Omega, \mathcal{F}, P)$  and any vector  $\alpha = (\alpha_1, \ldots, \alpha_n) \in \mathbb{R}^n$  with  $|\alpha| = 1$ .

$$I(\alpha, \varphi) \equiv \mathbf{E} \max_{k \le n} \left| \sum_{i=1}^{k} \alpha_i \varphi_i \right|^2 = \sum_{k=1}^{n} \mathbf{E} \mathbf{1}_{S_k} \left| \sum_{i=1}^{k} \alpha_i \varphi_i \right|^2, \tag{4.3}$$

where  $S_k = \{\omega \in \Omega : \text{ the minimum of } l'\text{ s at which } | \sum_{i=1}^l \alpha_i \varphi_i(\omega)| \text{ attains its maximum equals } k\}$ . Then we have

$$I(\alpha, \varphi) = \sup_{g} \sum_{k=1}^{n} \left[ \mathbf{E} g_k \mathbf{1}_{S_k} \left| \sum_{i=1}^{k} \alpha_i \varphi_i \right| \right]^2, \tag{4.4}$$

where supremum is taken over all collections  $g = (g_1, ..., g_n)$  such that  $g_k$ 's vanish outside of  $S_k$  and  $||g_k||_2 = 1$ , k = 1, ..., n. We have further

$$I(\alpha, \varphi) = \sup_{g} \sum_{k=1}^{n} \sum_{i,j=1}^{k} \alpha_{i} \alpha_{j} \mathbf{E} g_{k} \varphi_{i} \varphi_{j}$$

$$= \sup_{g} \sum_{i,j=1}^{n} \sum_{k=\max(i,j)}^{n} \alpha_{i} \alpha_{j} \mathbf{E} g_{k} \varphi_{i} \varphi_{j} = \sup_{g} ||T_{n} A \alpha||^{2},$$

$$(4.5)$$

where  $(Ae_j, e_i) = \mathbb{E}g_{n-j+1} \cdot \varphi_i$ , i, j = 1, ..., n. We have

$$||A|| = \sup_{|\alpha|=1} \sum_{i=1}^{n} \left( \sum_{j=1}^{n} \mathbf{E} \alpha_{j} g_{n-j+1} \varphi_{i} \right)^{2} = \sup_{|\alpha|=1} \sum_{i=1}^{n} \left( \mathbf{E} f \varphi_{i} \right)^{2} = \sup_{|\alpha|=1} \mathbf{E} f^{2} = 1,$$
 (4.6)

where  $f = \alpha_j g_j$ , if  $\omega \in S_j$ , j = 1,...,n. Therefore, (4.5) implies  $D_n \le ||T_n||^2$ . The theorem is proved.

The following corollary is our Theorem 2.1.

Corollary 4.2.  $D_2 = 4/3$ .

*Proof.* We have according to Theorem 4.1,

$$D_2 = ||T_2||^2 = \sup_{u} ||T_2 u||^2 = \sup \left\{ \left\| \begin{pmatrix} a & b \\ b & 0 \end{pmatrix} \right\|^2 : a^2 + b^2 = 1 \right\} = \frac{4}{3}.$$
 (4.7)

Remark 4.3. It follows from the proof of Theorem 4.1 that  $D_n = \sup \mathbf{E}[\max_j (\sum_{l=1}^j a_l \varphi_l)^2]$ , where the supremum is over all real orthonormal systems  $\varphi_1, ..., \varphi_n$ , where each  $\varphi_j$ , j = 1, ..., n takes at most n values, and all reals  $\alpha_1, ..., \alpha_n$  with  $|\alpha| = 1$ .

The following lemma establishes a finer recurrence relation than Lemma 3.2. However, the two lemmas are asymptotically equivalent.

**Lemma 4.4.** 

$$D_{2n} \le \frac{4}{3}D_n \quad \text{if } D_n \le 3, \quad D_{2n} \le D_n - \frac{1}{2} + \sqrt{D_n - \frac{3}{4}} \quad \text{if } D_n \ge 3.$$
 (4.8)

*Proof.* We have for any  $n \in \mathbb{N}$ :

$$||T_{2n}|| = \sup \left\{ \left\| \begin{pmatrix} A & T_n B \\ T_n C & 0 \end{pmatrix} \right\| \right\}, \tag{4.9}$$

where the supremum runs over all matrices A, B, C, and D in  $\mathbf{L}(\mathbb{R}^n)$  such that  $\|(\frac{A}{C} B)\| \le 1$ . For such matrices A, B, C, and D we check that  $|uA|^2 + |uT_nB|^2 \le \|T_n\|^2 |u|^2$  and  $|Ax|^2 + |T_nCx|^2 \le \|T_n\|^2 |x|^2$  for all  $u, x \in \mathbb{R}^n$ . Therefore,  $\|T_{2n}\| \le \sup\{(u, Ax) + (u, Fy) + (v, Gy) : u, v, x, y \in \mathbb{R}^n, |u|^2 + |v|^2 \le 1, |x|^2 + |y|^2 \le 1, A, F, G \in \mathbf{L}(\mathbb{R}^n), ||A|| \le 1, |wA|^2 + |wF|^2 \le D_n|w|^2, |Az|^2 + |Gz|^2 \le D_n|z|^2$  for all  $w, z \in \mathbb{R}^n$ . The last supremum can easily be computed and its square equals  $\sup_{a \in [0,1]} (D_n - a/2 + \sqrt{D_n a - 3a^2/4})$ . Hence,  $D_{2n} \le 4/3D_n$  if  $D_n \le 3$  and  $D_{2n} \le D_n - 1/2 + \sqrt{D_n - 3/4}$  if  $D_n \ge 3$ . This completes the proof of Lemma 4.4.

Finally, it is known that for the Hilbert matrix  $(H_n(i, j) = 1/(i - j))$ , if  $i \neq j$  and  $H_n(i, i) = 0$ , i, j = 1, ..., n,  $n \geq 2$ ,

$$\frac{||T_n H_n||}{||H_n||} \ge \frac{\ln n}{\pi}.\tag{4.10}$$

This along with Theorem 3.1 implies the following bilateral estimate:

$$\frac{1}{\pi^2 \log_2^2 e} \le \liminf \frac{D_n}{\log_2^2 n} \le \limsup \frac{D_n}{\log_2^2 n} \le \frac{1}{4}.$$
 (4.11)

### Acknowledgments

This work was supported in part by the US Civilian Research and Development Foundation Award GEMI-3328-TB-03. We want to express our gratitude to the anonymous referee for bringing to our attention the relationship between  $D_n$  and the norm of the main triangle projection. Furthemore, the results/proofs in Section 4 are based on ideas, suggestions, and comments made by the referee.

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