# ON THE CONSTANT IN MEŃSHOV-RADEMACHER INEQUALITY 

SERGEI CHOBANYAN, SHLOMO LEVENTAL, AND HABIB SALEHI
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The goal of the paper is twofold: (1) to show that the exact value $D_{2}$ in the MeńshovRademacher inequality equals $4 / 3$, and (2) to give a new proof of the MeńshovRademacher inequality by use of a recurrence relation. The latter gives the asymptotic estimate $\lim \sup _{n} D_{n} / \log _{2}^{2} n \leq 1 / 4$.

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## 1. Introduction

The Meńshov-Rademacher inequality deals with the estimation of

$$
\begin{equation*}
D_{n}=\sup \mathbf{E} \max _{1 \leq k \leq n}\left(\sum_{l=1}^{k} \alpha_{l} \varphi_{l}\right)^{2}, \tag{1.1}
\end{equation*}
$$

where sup is taken over all probability spaces $(\Omega, \mathscr{F}, P)$, all real orthonormal systems $\left(\varphi_{1}, \ldots, \varphi_{n}\right)$ on them, and all real coefficient collections $\left(\alpha_{1}, \ldots, \alpha_{n}\right)$ with $\sum_{1}^{n} \alpha_{i}^{2}=1$.

Rademacher [9] and Meńshov [7] independently proved that there exists an absolute constant $C>0$ such that for each $n \geq 2$,

$$
\begin{equation*}
D_{n} \leq C \log _{2}^{2} n \tag{1.2}
\end{equation*}
$$

A traditional proof using a bisection method (see, e.g., Doob [2] and Loève [6]) leads to the inequality

$$
\begin{equation*}
D_{n} \leq\left(\log _{2} n+2\right)^{2}, \quad n \geq 2 \tag{1.3}
\end{equation*}
$$

Kounias [4] used a trisection method to get a finer inequality:

$$
\begin{equation*}
D_{n} \leq\left(\frac{\log _{2} n}{\log _{2} 3}+2\right)^{2}, \quad n \geq 2 \tag{1.4}
\end{equation*}
$$

## 2 On the constant in Meńshov-Rademacher inequality

The aim of this paper is twofold: to show that the exact starting value $D_{2}=4 / 3$ and to establish a recurrence relation which leads to a refinement of (1.4) and an asymptotic constant $\leq 1 / 4$. Note that there are several other proofs of the Meńshov-Rademacher inequality and its generalizations, see, for example, Somogyi [10] and Móricz and Tandori [8].

Section 2 deals with the proof of $D_{2}=4 / 3$, while Section 3 is devoted to the proof of the Meńshov-Rademacher inequality with the asymptotic constant $\leq 1 / 4$. Section 4 contains alternative proofs to those results using the concept of main triangle projection, a subject which was studied in depth in Gohberg and Kreĭn [3] and Kwapień and "Pełczyński" [5].

## 2. The value of $D_{2}$

Theorem 2.1. $D_{2}=4 / 3$.
The proof of the theorem is based on the following lemma which may be of independent interest.

Lemma 2.2. Let $c>0, p_{c} \equiv c^{2} /\left(1+c^{2}\right)$, and define

$$
\begin{equation*}
f(p, c)=\sup _{X \in \mathscr{A}(p, c)} \mathbf{E}\left(X \mathbf{1}_{X>-c}\right), \quad p_{c} \leq p<1, \tag{2.1}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathscr{A}(p, c)=\left\{X \in L_{0}(\Omega, \mathscr{F}, P): \mathbf{E}(X)=0, \mathbf{E}\left(X^{2}\right)=1, P(X>-c)=p\right\} . \tag{2.2}
\end{equation*}
$$

Then

$$
\begin{equation*}
f(p, c)=\sqrt{p(1-p)} \tag{2.3}
\end{equation*}
$$

Proof of Lemma 2.2. To show that the left-hand side is greater than or equal to right-hand side, we observe that $\mathbf{E}\left(X_{p} \mathbf{1}_{X_{p}>-c}\right)=\sqrt{p(1-p)}$, where the distribution of $X_{p} \in \mathscr{A}(p, c)$ is given by

$$
\begin{equation*}
p=P\left(X_{p}=\sqrt{\frac{(1-p)}{p}}\right)=1-P\left(X_{p}=-\sqrt{\frac{p}{(1-p)}}\right) . \tag{2.4}
\end{equation*}
$$

To see that the left-hand side is less than or equal to right-hand side, we define

$$
\begin{equation*}
h_{p}(x)=x \cdot 1_{x>-c}-p \cdot x-\sqrt{\frac{p(1-p)}{4}} \cdot x^{2} . \tag{2.5}
\end{equation*}
$$

The maximum of $h_{p}(x)$ is achieved at $x=\sqrt{(1-p) / p}$ and at $-\sqrt{p /(1-p)}$ for the regions $x>-c$ and $x \leq-c$, respectively. We conclude that for any $X \in \mathscr{A}(p, c)$,

$$
\begin{equation*}
0 \leq \mathbf{E}\left(h_{p}\left(X_{p}\right)\right)-\mathbf{E}\left(h_{p}(X)\right)=\mathbf{E}\left(X_{p} \cdot \mathbf{1}_{X_{p}>-c}\right)-\mathbf{E}\left(X \cdot \mathbf{1}_{X>-c}\right) . \tag{2.6}
\end{equation*}
$$

This completes the proof of the lemma.

Let us note also that $\mathscr{A}(p, c)$ is empty for $p<p_{c}$. Indeed, by the Chebyshev inequality, $\mathbf{E}(X)=0$ and $\mathbf{E}\left(X^{2}\right)=1$ imply $P(X \leq-c) \leq 1 /\left(1+c^{2}\right)=1-p_{c}$.

Proof of Theorem 2.1. The result follows by standard calculations from the representation

$$
\begin{equation*}
D_{2}=\sup _{a^{2}+b^{2}=1, b^{2} /\left(1+3 a^{2}\right)<p<1}\left\{a^{2}+b^{2} p+2 a b \cdot \sqrt{p(1-p)}\right\} . \tag{2.7}
\end{equation*}
$$

To prove (2.7) convert an orthonormal pair $\left(\varphi_{1}, \varphi_{2}\right)$ defined on $(\Omega, \mathscr{F}, P)$ into ( $X \equiv \varphi_{1} /$ $\left.\varphi_{2}, 1\right)$. The new pair is orthonormal with respect to the measure $d P^{\prime}=\varphi_{2}^{2} d P$. Also

$$
\begin{align*}
\mathbf{E}_{P} \max & \left\{\left(a \varphi_{1}\right)^{2},\left(a \varphi_{1}+b \varphi_{2}\right)^{2}\right\}=\mathbf{E}_{P^{\prime}} \max \left\{(a X)^{2},(a X+b)^{2}\right\} \\
= & a^{2}+b^{2} P^{\prime}(X>-b / 2 a)+2 \mathrm{ab} \cdot \mathbf{E}_{P^{\prime}}\left(X \cdot \mathbf{1}_{X>-b / 2 a}\right)  \tag{2.8}\\
\leq & a^{2}+b^{2} p+2 a b \cdot f\left(p, \frac{b}{2 a}\right),
\end{align*}
$$

where $p=P^{\prime}(X>-b / 2 a)$. Now (2.7) follows from Lemma 2.2 with $c=b / 2 a$.

## 3. An induction proof of the Meńshov-Rademacher inequality

Theorem 3.1. (i)

$$
\begin{equation*}
D_{m} \leq \frac{1}{4}\left(3+\log _{2} m\right)^{2}, \quad m \geq 2 \tag{3.1}
\end{equation*}
$$

In particular, (ii)

$$
\begin{equation*}
\limsup _{m} \frac{D_{m}}{\log _{2}^{2} m} \leq \frac{1}{4} \tag{3.2}
\end{equation*}
$$

Lemma 3.2. The following recurrence relation holds true for any $n \in \mathbb{N}$ :

$$
\begin{equation*}
D_{2 n} \leq D_{n}+D_{n}^{1 / 2} \tag{3.3}
\end{equation*}
$$

Proof of Lemma 3.2. We have for any $n \in \mathbb{N}$,

$$
\begin{align*}
\max _{k \leq 2 n}\left|\sum_{1}^{k} \alpha_{i} \varphi_{i}\right|^{2} & \leq \max \left(\max _{k \leq n}\left|\sum_{1}^{k} \alpha_{i} \varphi_{i}\right|^{2},\left(\left|\sum_{1}^{n} \alpha_{i} \varphi_{i}\right|+\max _{n<k \leq 2 n}\left|\sum_{n+1}^{k} \alpha_{i} \varphi_{i}\right|\right)^{2}\right) \\
& \leq \max _{k \leq n}\left|\sum_{1}^{k} \alpha_{i} \varphi_{i}\right|^{2}+2\left|\sum_{1}^{n} \alpha_{i} \varphi_{i}\right| \max _{n<k \leq 2 n}\left|\sum_{n+1}^{k} \alpha_{i} \varphi_{i}\right|+\max _{n<k \leq 2 n}\left|\sum_{n+1}^{k} \alpha_{i} \varphi_{i}\right|^{2} . \tag{3.4}
\end{align*}
$$

Taking expectations in (3.4) and using the Cauchy-Schwartz inequality, we come to the

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desired recurrence relation:

$$
\begin{equation*}
D_{2 n} \leq p D_{n}+2 \sqrt{p(1-p) D_{n}}+(1-p) D_{n}=D_{n}+\sqrt{D_{n}} \tag{3.5}
\end{equation*}
$$

where $p=\sum_{1}^{n} \alpha_{i}^{2}$.
The lemma is proved.
Proof of Theorem 3.1. Lemma 3.2 implies that for any $n \in \mathbb{N}$,

$$
\begin{equation*}
D_{2 n}^{1 / 2} \leq D_{n}^{1 / 2}+\frac{1}{2} . \tag{3.6}
\end{equation*}
$$

Since $D_{1}=1$, this implies that for each $n \in \mathbb{N}$,

$$
\begin{equation*}
D_{2^{n}}^{1 / 2} \leq 1+\frac{n}{2} . \tag{3.7}
\end{equation*}
$$

Let us take now $2^{n} \leq m<2^{n+1}$. Then

$$
\begin{equation*}
D_{m} \leq D_{2^{n+1}} \leq\left(1+\frac{n+1}{2}\right)^{2} \leq\left(1+\frac{\log _{2} m+1}{2}\right)^{2} \tag{3.8}
\end{equation*}
$$

This implies the validity of Theorem 3.1.
Remark 3.3. (1) The proof of Theorem 3.1 is a refinement of that appeared in Chobanyan [1].
(2) Kounias's result mentioned in the introduction leads to $\limsup \left(D_{n} / \log _{2}^{2} n\right) \leq$ $(\log 2 / \log 3)^{2}$ which is larger than $1 / 4$ of Theorem 3.1.

## 4. An alternative approach: the main triangle projection

Consider the space $\mathbf{L}\left(\mathbb{R}^{n}\right)$ of all linear operators (matrices) acting in $\mathbb{R}^{n}$. The correspondence between the operators and matrices is given by $a_{i j}=\left(A e_{j}, e_{i}\right), i, j=1, \ldots, n$. The main triangle projection $T_{n}: \mathrm{L}\left(\mathbb{R}^{n}\right) \rightarrow \mathrm{L}\left(\mathbb{R}^{n}\right)$ is a linear operator introduced as follows. For an $A \in \mathbf{L}\left(\mathbb{R}^{n}\right)$, the matrix of the operator $B=T_{n} A$ has the form $b_{i j}=a_{i j}$ if $i+j \leq n+1$ and $b_{i j}=0$ otherwise.

We assume that $\mathbb{R}^{n}$ is endowed with the Euclidean norm, and the norm in $L\left(\mathbb{R}^{n}\right)$ is the usual operator norm.

Theorem 4.1. $D_{n}=\left\|T_{n}\right\|^{2}, n \in \mathbb{N}$.
Proof. Let us prove first that $\left\|T_{n}\right\|^{2} \equiv \sup _{\|A\| \leq 1}\left\|T_{n} A\right\|^{2} \leq D_{n}$. Since the orthogonal operators (and only them) are the extreme points of the unit ball of $\mathbf{L}\left(\mathbb{R}^{n}\right)$, it suffices to show that for any orthogonal operator $u \in \mathbf{L}\left(\mathbb{R}^{n}\right), \quad\left\|T_{n} u\right\|^{2} \leq D_{n}$. Let us relate with $u$ the orthonormal system $\varphi_{1}, \ldots, \varphi_{n}$ defined on $(\Omega, P)$, where $\Omega=\{1, \ldots, n\}, P(j)=1 / n, j=$ $1, \ldots, n$, as follows:

$$
\begin{equation*}
\varphi_{k}(j)=\sqrt{n}\left(u e_{k}, e_{j}\right), \quad k, j=1, \ldots, n . \tag{4.1}
\end{equation*}
$$

We have for any vector $\alpha=\left(\alpha_{1}, \ldots, \alpha_{n}\right) \in \mathbb{R}^{n}$ with $|\alpha|=1$,

$$
\begin{align*}
D_{n} & \geq \mathbf{E} \max _{k \leq n}\left|\sum_{i=1}^{k} \alpha_{i} \varphi_{i}\right|^{2}=\sum_{j=1}^{n} \max _{k \leq n}\left|\sum_{i=1}^{k} \alpha_{i}\left(u e_{i}, e_{j}\right)\right|^{2} \\
& \geq \sum_{j=1}^{n}\left|\sum_{i=1}^{n-j+1} \alpha_{i}\left(u e_{i}, e_{j}\right)\right|^{2}=\left\|\left(T_{n} u\right) \alpha\right\|^{2} . \tag{4.2}
\end{align*}
$$

Taking supremum over all orthogonal $u$ 's and $\alpha$ 's from the unit ball of $\mathbb{R}^{n}$, we get $D_{n} \geq$ $\left\|T_{n}\right\|^{2}$. To prove the inverse inequality, consider an orthonormal system $\left(\varphi_{1}, \ldots, \varphi_{n}\right) \subset$ $L_{2}(\Omega, \mathscr{F}, P)$ and any vector $\alpha=\left(\alpha_{1}, \ldots, \alpha_{n}\right) \in \mathbb{R}^{n}$ with $|\alpha|=1$.

$$
\begin{equation*}
I(\alpha, \varphi) \equiv \mathbf{E} \max _{k \leq n}\left|\sum_{i=1}^{k} \alpha_{i} \varphi_{i}\right|^{2}=\sum_{k=1}^{n} \mathbf{E} 1_{S_{k}}\left|\sum_{i=1}^{k} \alpha_{i} \varphi_{i}\right|^{2}, \tag{4.3}
\end{equation*}
$$

where $S_{k}=\left\{\omega \in \Omega\right.$ : the minimum of $l^{\prime}$ s at which $\left|\sum_{i=1}^{l} \alpha_{i} \varphi_{i}(\omega)\right|$ attains its maximum equals $k\}$. Then we have

$$
\begin{equation*}
I(\alpha, \varphi)=\sup _{g} \sum_{k=1}^{n}\left[\mathbf{E} g_{k} \mathbf{1}_{S_{k}}\left|\sum_{i=1}^{k} \alpha_{i} \varphi_{i}\right|\right]^{2}, \tag{4.4}
\end{equation*}
$$

where supremum is taken over all collections $g=\left(g_{1}, \ldots, g_{n}\right)$ such that $g_{k}$ 's vanish outside of $S_{k}$ and $\left\|g_{k}\right\|_{2}=1, k=1, \ldots, n$. We have further

$$
\begin{align*}
I(\alpha, \varphi) & =\sup _{g} \sum_{k=1}^{n} \sum_{i, j=1}^{k} \alpha_{i} \alpha_{j} E g_{k} \varphi_{i} \varphi_{j}  \tag{4.5}\\
& =\sup _{g} \sum_{i, j=1}^{n} \sum_{k=\max (i, j)}^{n} \alpha_{i} \alpha_{j} \mathbf{E} g_{k} \varphi_{i} \varphi_{j}=\sup _{g}\left\|T_{n} A \alpha\right\|^{2},
\end{align*}
$$

where $\left(A e_{j}, e_{i}\right)=\mathrm{E} g_{n-j+1} \cdot \varphi_{i}, i, j=1, \ldots, n$. We have

$$
\begin{equation*}
\|A\|=\sup _{|\alpha|=1} \sum_{i=1}^{n}\left(\sum_{j=1}^{n} \mathbf{E} \alpha_{j} g_{n-j+1} \varphi_{i}\right)^{2}=\sup _{|\alpha|=1} \sum_{i=1}^{n}\left(\mathbf{E} f \varphi_{i}\right)^{2}=\sup _{|\alpha|=1} \mathbf{E} f^{2}=1, \tag{4.6}
\end{equation*}
$$

where $f=\alpha_{j} g_{j}$, if $\omega \in S_{j}, j=1, \ldots, n$. Therefore, (4.5) implies $D_{n} \leq\left\|T_{n}\right\|^{2}$. The theorem is proved.

The following corollary is our Theorem 2.1.
Corollary 4.2. $D_{2}=4 / 3$.
Proof. We have according to Theorem 4.1,

$$
D_{2}=\left\|T_{2}\right\|^{2}=\sup _{u}\left\|T_{2} u\right\|^{2}=\sup \left\{\left\|\left(\begin{array}{ll}
a & b  \tag{4.7}\\
b & 0
\end{array}\right)\right\|^{2}: a^{2}+b^{2}=1\right\}=\frac{4}{3} .
$$

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Remark 4.3. It follows from the proof of Theorem 4.1 that $D_{n}=\sup \mathrm{E}\left[\max _{j}\left(\sum_{l=1}^{j} a_{l} \varphi_{l}\right)^{2}\right]$, where the supremum is over all real orthonormal systems $\varphi_{1}, \ldots, \varphi_{n}$, where each $\varphi_{j}, j=$ $1, \ldots, n$ takes at most $n$ values, and all reals $\alpha_{1}, \ldots, \alpha_{n}$ with $|\alpha|=1$.

The following lemma establishes a finer recurrence relation than Lemma 3.2. However, the two lemmas are asymptotically equivalent.

Lemma 4.4.

$$
\begin{equation*}
D_{2 n} \leq \frac{4}{3} D_{n} \quad \text { if } D_{n} \leq 3, \quad D_{2 n} \leq D_{n}-\frac{1}{2}+\sqrt{D_{n}-\frac{3}{4}} \quad \text { if } D_{n} \geq 3 \text {. } \tag{4.8}
\end{equation*}
$$

Proof. We have for any $n \in \mathbb{N}$ :

$$
\left\|T_{2 n}\right\|=\sup \left\{\left\|\left(\begin{array}{cc}
A & T_{n} B  \tag{4.9}\\
T_{n} C & 0
\end{array}\right)\right\|\right\}
$$

where the supremum runs over all matrices $A, B, C$, and $D$ in $\mathbf{L}\left(\mathbb{R}^{n}\right)$ such that $\left\|\left(\begin{array}{c}A \\ C\end{array} B\right)\right\| \leq$ 1. For such matrices $A, B, C$, and $D$ we check that $|u A|^{2}+\left|u T_{n} B\right|^{2} \leq\left\|T_{n}\right\|^{2}|u|^{2}$ and $|A x|^{2}+\left|T_{n} C x\right|^{2} \leq\left\|T_{n}\right\|^{2}|x|^{2}$ for all $u, x \in \mathbb{R}^{n}$. Therefore, $\left\|T_{2 n}\right\| \leq \sup \{(u, A x)+(u, F y)+$ $(v, G y): u, v, x, y \in \mathbb{R}^{n},|u|^{2}+|v|^{2} \leq 1,|x|^{2}+|y|^{2} \leq 1, A, F, G \in \mathbf{L}\left(\mathbb{R}^{n}\right),\|A\| \leq 1,|w A|^{2}+$ $|w F|^{2} \leq D_{n}|w|^{2},|A z|^{2}+|G z|^{2} \leq D_{n}|z|^{2}$ for all $\left.w, z \in \mathbb{R}^{n}\right\}$. The last supremum can easily be computed and its square equals $\sup _{a \in[0,1]}\left(D_{n}-a / 2+\sqrt{D_{n} a-3 a^{2} / 4}\right)$. Hence, $D_{2 n} \leq$ $4 / 3 D_{n}$ if $D_{n} \leq 3$ and $D_{2 n} \leq D_{n}-1 / 2+\sqrt{D_{n}-3 / 4}$ if $D_{n} \geq 3$. This completes the proof of Lemma 4.4.

Finally, it is known that for the Hilbert matrix $\left(H_{n}(i, j)=1 /(i-j)\right.$, if $i \neq j$ and $H_{n}(i, i)=$ $0, i, j=1, \ldots, n, n \geq 2)$,

$$
\begin{equation*}
\frac{\left\|T_{n} H_{n}\right\|}{\left\|H_{n}\right\|} \geq \frac{\ln n}{\pi} \tag{4.10}
\end{equation*}
$$

This along with Theorem 3.1 implies the following bilateral estimate:

$$
\begin{equation*}
\frac{1}{\pi^{2} \log _{2}^{2} e} \leq \liminf \frac{D_{n}}{\log _{2}^{2} n} \leq \lim \sup \frac{D_{n}}{\log _{2}^{2} n} \leq \frac{1}{4} \tag{4.11}
\end{equation*}
$$

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Sergei Chobanyan: Muskhelishvili Institute of Computational Mathematics, Georgian Academy of Sciences, 8 Akuri Street, Tbilisi 0193, Georgia
E-mail address: chobanya@stt.msu.edu
Shlomo Levental: Department of Statistics \& Probability, Michigan State University, East Lansing, MI 48824, USA
E-mail address: levental@stt.msu.edu
Habib Salehi: Department of Statistics \& Probability, Michigan State University, East Lansing, MI 48824, USA
E-mail address: salehi@stt.msu.edu

